

30th ADA BDE EVENTS



HAPPY MEMORIAL DAY – TO ALL THOSE WHO SERVE HAVE SERVED OR WILL SERVE – THANK YOU

- 31 MAY, 10:30 AM, HQ/A 1-56 Change of Command, Stinger Statue
- 04 JUN, 10:00 Sillfacts
- *04 JUN, 10:00 AM or 5:30 PM, Food Handler's Certification Course, 580-442-3175**
- *05 JUN, 9:30 AM-10:30 AM, Key Caller Training, 580-442-3393**
- *06 JUN, 9:00 AM- 10:00 AM, Care Team Training, 580-442-3393**
- *06 JUN, 9:00 AM – 10:00 AM, VMIS OPOC Training, 580-442-4682**
- *06 JUN, 6:00 PM – 7:00 PM, Key Caller Training, 580-442-3393**
- 06 JUN, 2-6 ADA BN FRG Steering Committee MTG
- 06 JUN, 1-56 ADA BN FRG Meeting
- 07 JUN, 1-56 ADA BN ORG DAY
- 12 JUN, Team Sill FRG Advisory Meeting (BDE Command Team & Spouses)
- 21 JUN, DCG IMT VTC, 12:30 PM, McNair Hall, Rm 116 (BDE/BN Command Team & SR Spouses)
- *24-25 JUN, AFTB Level K, 580-442-2382**
- 29 JUL- 02 AUG 30th ADA BDE hosts Vacation Bible School

****FRG TRAININGS:**

ARMY FAMILY TEAM BUILDING: Army Family Team Building helps families and civilians adapt to the Army life by providing them with the information, knowledge, and skills to gain self-reliance and to use the community support programs provided to assist them. The program also supports families and civilians in accepting challenges, dealing with change, and developing life skills. Courses offered at the AFTB Training Center, Bldg 2719 Bragg Road. Reservations: 580-442-2382.

Level K (formerly Level I)- “Knowledge” Army Life: Learn about the Army life with basic terms, acronyms, and resources that are needed to successfully transition into the Army lifestyle.

Level G (formerly Level II) – “Grow” Personally: Grow personally through self-development modules; Improve communication skills, enhance personal relationships, and explore personality traits.

Level L (formerly Level III) - “Leadership”: Expand leadership skills, effective communication techniques, and how to coach and mentor others.

CARE TEAM TRAINING: The purpose of the Care Team is to offer short-term care and support to Families of deceased and seriously wounded Soldiers until the Family's own support structure is in place. Care Teams are not mandatory, but are an additional way battalions can provide valuable support to Families. Classes are held at the Family Resilience Center, Bldg. 2934 Marcy Road, POC: 580-42-3393

FOOD HANDLERS CERTIFICATION COURSE: This course is mandatory for anyone dealing with food items in the Family Readiness Program. Food Sanitation Courses/ Food Handler's Certification will be scheduled the first Tuesday of each month, 10:00 A.M. and 5:30 P.M at 2775 Ringgold Road, Preventive Medicine classroom. Classes are on a first come first serve basis and they only have 40 seats available. Attendees no longer have to take a test. Please contact SGT Smith at 442-3175 for more information.

KEY CALLER TRAINING: Designed to prepare volunteers for key caller duties, communicating with Families, and assisting the Command. Classes are held at the Family Resilience Center, Bldg. 2934 Marcy Road, POC: 580-42-3393

VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS) ORGANIZATION POINT OF CONTACT (OPOC): this training will introduce you to VMIS which tracks volunteer information, open positions and hours of volunteers' service. Available online at https://www.myarmyonesource.com/skins/aos2/display_ajax.aspx?ModuleID=a53b8c22-018c-40c9-b51f-d6a1263c9889

Future Fort Sill OPOC trainings are from 9:00 AM – 10:00 AM in the MWR Training Room, BLDG 4700. POC: Laura Batule, 580-442-2616
June 6, July 9, July 11 and August 1.

AIR DEFENSE ARTILLERY EBAY STORE

<http://www.ebay.com/itm/111078692170?ssPageName=STRK%3AMESELX%3AIT&trksid=p3984.m1555.i2649>



VACATION BIBLE SCHOOL 30th ADA BDE in cooperation with Fort Sill Unit Ministry Team sponsor the Fort Sill Vacation Bible School (VBS) 29 JUL- 02 AUG. Chaplain Glenn and his wife Rita are excited to begin volunteer recruitment and planning. For more information contact Chaplain Glenn at 580-442-2146.



COMMUNITY UPDATES:

07 MAY SILLFACTS: <http://www.sillmwr.com/Forms/sillfactsMTG.pdf>

MILITARY COMMUNITY & FAMILY POLICY <http://www.militaryonesource.mil/mcfp/weekly>

ARMY SUBSTANCE ABUSE PROGRAM (ASAP) WORKFORCE PRIDE NEWSLETTERS

<http://issuu.com/wellbeingasap/doc>

<http://tinyurl.com/c9urzhe>

CALENDAR:

MAY:

- 24 MAY, Post Pools and Splash Park Open
- 24-26 MAY, The Mayor's Red Dirt Ball, Medicine Park
- 25 MAY, Lawton Farmer's Market opens, Great Plains Coliseum, 902 SW Sheridan RD
- 25 MAY, Tour De Meers Annual Bike Ride, Meers Fire Station, 580-492-2422, <http://tourdemeers.org>
- 27 MAY, 11:50 AM Memorial Day Ceremony, Post Cemetery

JUNE:

- 01 JUN
 - Kids Fishing Derby, 7:30 AM – 11:30 AM, White Wolf Crossing in Medicine Creek 442-3553/3453
 - Practical Application of Intimate Relationship Skills (PAIRS), 9:00 AM -4:00 PM Quarry Hill Chapel SPC Patty, 580-442-1330
 - DADS on Duty: Hike & Playgroup, 9:30 AM – 11:30 AM, BLDG 4700
 - Self Defense Workshop, 12:00
- 02 JUN, National Cancer Survivors Day
- 04 JUN, First Tuesday Lunch
- 03-07 JUN, School Age Summer Camp Programs, 580-442-4952
- 05 JUN, Summer Reading Program, NYE Library
- 06 JUN, Veterans Hiring Event, Fort Sill Armed Forces Center, 10:30 AM – 2:00 PM
- 07 JUN, Bone Marrow Registration Drive, 10:00AM -3:00 PM

07 JUN, Parents Night Out, Grierson CDC, 5:30 PM – 9:30 PM, Reservations: 558-4305/4306
07-09 JUN, “9 to 5 The Musical”, Lawton Community Theater, John Denney Playhouse, 1316 NW Bell Avenue, 580-355-1600
08 JUN, 8:00 AM Diamond Brigade Run, register www.sillmwr.com
08 JUN, Walk for Huntington’s Disease, 9:00 AM -12:00 PM, Cameron University, Gazebo Trail, 2800 W Gore, Kathy Timberlake, 580-514-0847
08 JUN, Oklahoma Arts Competitions: Photography, Crafts & Cooking, 405-948-6731
14 JUN, Marriage 101, RTC Family Life Library, 9:00 AM- 11:30 AM
14 JUN, American Cancer Society: Relay for Life of Comanche County, Ron Stephens Stadium, 1400 NW Dearborn Ave, Lawton, 7:00PM,
21-23 JUN, White Water Bay, OKC Military Appreciation Days
25-26 JUN, TheAC7 Habits of Highly Effective Military Dads, Graham Resiliency Training Campus

AID FOR MOORE & SURROUNDING AREAS

TO CHECK ON FAMILY MEMBERS OR FRIENDS IN AREA: visit www.safeandwell.org.

MONETARY DONATIONS

Text based donations: Each text is for \$10.00 charged to your phone bill

Oklahoma Relief Red Cross: Text “REDCROSS” to 90999

Salvation Army: Text “STORM” to 80888

Regional Food Bank: Text “FOOD” to 32333

REYNOLDS ARMY COMMUNITY HOSPITAL (RACH)

HOLIDAY HOURS: Reynolds Army Community Hospital will be open during their normal hours on Friday, May 24th. They will be closed on Monday, May 27th for Memorial Day. The Emergency Room is always available for emergencies.

BONE MARROW DRIVE: Fort Sill holds a week-long bone marrow donor drive the first week of June. The Department of Defense sponsors the drive. It takes a few minutes to register as a marrow donor. Registering is simple, painless, and can be done with either a small blood sample or an oral swab. There is an urgent need for minority donors, but anyone in good health between the ages of 18 and 60 is welcomed (David, PAIO).

NATIONAL MENTAL HEALTH AWARENESS MONTH: remember that treatment works and can make a difference in the lives of your Veteran loved ones. Take this confidential self-check quiz to see how a Veteran you know might benefit from services, or call 1-800-273-8255 and Press 1 for immediate support.

VeteransCrisisLine.net/Quiz

SPOUSE EMPLOYMENT OPPORTUNITIES:

UNITED WAY: Want to work with a great team of staff and volunteers? Does making a positive difference in your community every day sound good? The United Way of Lawton-Fort Sill has an opening for Director of Resource Development. Go to their website to see the job posting and learn how to apply: www.uwlawton.org

OKLAHOMA MILITARY CONNECTION HIRING EVENT: Three state agencies will join forces to host a hiring event for U.S. military veterans, transitioning service members, Guard and Reserve members 10:30 a.m. to 2 p.m., June 6 at the Fort Sill Armed Reserve Center. The agencies plan on 50 companies, Oklahoma-based or national companies, attending the hiring event.

Registration, available at www.okmilitaryconnection.com, is required to ensure job seekers are matched with career fields the various employers have to offer.

SPORTS & FITNESS:

FAMILY FUN FITNESS FESTIVAL: June 1st at the Family Fun Fitness Festival at the Commissary. 9:30 - 10:30 a.m. Kickzumbuns with Jordan and Claudia, 10:30 a.m. - 1:30 a.m. Bounce House, Basket Ball Hoops, soccer for Pre-K and other activities for kids, parents and youth. 11:30 - 12:30 Grocery Scavenger Hunt - win some prizes. Free hot dogs, water and refreshments!!!! Information about sun safety and nutrition!!! Come to the Commissary and join us while you catch one of their many sales!!!!!!

BASKETBALL TRYOUTS : Calling all basketball players! The Fort Sill Sports Branch is holding tryouts for those interested in a possible spot on the Fort Sill Men's Basketball Team. All interested individuals must be Active Duty, stationed, attached or assigned to Fort Sill.

Tryouts will be conducted June 17 - 21, 2013 at Rinehart Fitness Center beginning at 6 pm each night. Those interested must register through the Fort Sill Sports Branch via email, phone or in person. Point of contact is Jay Hunt, Supervisor, Sports, Fitness and Aquatics; (580) 442-3269; jay.r.hunt3.naf@mail.mil; Bldg. 4744 Mow-Way Road.

LIMBS FOR LIFE 5K RUN POSTPONED: The Oklahoma VA Medical Center's OEF/OIF program and Limbs for Life have postponed the Welcome Home Celebration and the 5k until further notice. It has been decided that our efforts should refocus on supporting local events that aid in disaster relief for all those affected by the latest string of tornados. In addition, we want to recognize all the brave men and women volunteering their time to rebuild the city of Moore.

CHILD & YOUTH ACTIVITIES:

CYSS REGISTRATIONS: CYSS Registration is valid for one year. The registration must be completed each year by the registration expiration date in order to continue services. CYSS Registration is available to patrons throughout the year. Registrations can be renewed before their expiration month to avoid any delays in enrolling in our sports or instructional programs. Check with Parent Central Services to see if your child registration is valid. Registration appointments can be made by calling 580-442-3486/3927.

CYSS PARENT PARTICIPATION PROGRAM: This is a volunteer program established to allow patrons to earn fee reduction for volunteering a minimum of 10 hours in their child or youth's program or on behalf of the entire CYSS program. Participation points may be accumulated from month/month until the parent earns 10 points to receive a 10% reduction on one months' childcare fee for one child. If a parent has earned 20 points, then the 10% fee reduction may be applied for one child over two months or used for two separate children during the same month.

LAWTON PUBLIC SCHOOLS: The Lawton Board of Education approved the reassignment of principals at nine LPS elementary schools.

New principal Stan Melby was assigned to Almor West Elementary. Lisa Carson will move from Almor West to Woodland Hills Elementary. Cheryl Scammahorn will move from Woodland Hills to Sheridan Road Elementary. Karen Cooksey will move from Sheridan Road to a vacant position at Pat Henry Elementary.

New principal Jennifer Foster has been assigned to Wilson Elementary. Tamie Barrett will move from Wilson to Eisenhower Elementary. Sylvia Moore will move from Eisenhower to a vacant position at Sullivan Village Elementary.

New principals Dara Gee and Melanie Nungesser will fill vacant positions at Lincoln and Whittier elementary schools, respectively.

FORT SILL HOME ALONE POLICY:

**APPENDIX B
Age Matrix**

1. Parents are responsible for the welfare and safety of children in the military community.
2. Each child is unique. Personality, environment, developmental progress, and maturity level are factors used to determine when children are ready to accomplish activities with little or no supervision. The following are minimum community standards, and under no circumstances you reduce these guidelines. Parents are still required to assess their child and, if necessary, raise the age limits.

Age of Child	Left Home Alone	Left Alone Overnight	Play Outside Unattended	Left in Car Unattended	Child Sit for Siblings	Child Sit for Other Children
Newborn through Age 3	NO	NO	NO	NO	NO	NO
Pre-Schooler through Kindergarten	NO	NO	YES: in designated safe area with immediate access (visual sight or hearing distance) to adult supervision	NO	NO	NO
1 st through 4 th graders	NO	NO	YES: with access to emergency supervision and sponsor knows location of child	NO	NO	NO
5 th through 6 th grade	YES: With ready access to adult supervision; Limit – 3 hrs	NO	YES: with access to adult supervision	YES: with keys removed and handbrake applied	NO	NO
Junior High 7 th through 9 th grade	YES: with access to adult supervision; Limit – 6 hrs	NO	YES: with access to adult supervision	YES	YES	YES: may not sit overnight
High School 10 th through 12 th grade	YES	YES: with sponsor in local area and access to adult supervision	YES: with access to adult supervision	YES	YES	YES

IN THE KNOW:

2013 BLUE STAR MUSEUMS PROGRAM: Memorial Day, May 27, through Labor Day, Sept. 2, all active duty service members, National Guardsmen and reservists and their families can take advantage of this cultural and educational opportunity in all 50 states. More than 2,000 museums across the nation will open their doors, free of charge, to service members and their families as a break from the summer challenges. To identify participating museums please visit <http://www.nea.gov/national/bluestarmuseums/index2013.php>

NEW ARMY SONG LYRICS: The Army song has changed! LISTEN TO THE NEW ARMY SONG:
<http://bands.army.mil/music/armysong/>

Here's the new version so you're not left mumbling at the next ceremony:

Lyrics

Verse:

March along, sing our song, with the Army of the free.
... Count the brave, count the true, who have fought to victory.
We're the Army and proud of our name!
We're the Army and proudly proclaim:

Chorus:

First to fight for the right,
And to build the Nation's might,
And The Army Goes Rolling Along.
Proud of all we have done,
Fighting till the battle's won,
And the Army Goes Rolling Along.

Refrain:

Then it's hi! hi! hey!
The Army's on its way.
Count off the cadence loud and strong;
For where'er we go,
You will always know
That The Army Goes Rolling Along.

WHITE WATER BAY, OKC - MILITARY APPRECIATION DAYS

Those hot summer days are lurking around the corner! One way to keep cool is to spend a day at White Water Bay in Oklahoma City, June 21-23. Military families receive a discounted rate of only \$15.50 per person (that's a savings of over 50%), plus free parking! The Dive-In Movie on Friday, June 21, is "Thunderstuck.

To order your tickets, go to WhiteWaterBay.com and enter the promo code "Military". There is a one-time \$5 processing fee of \$5.00. And, a portion of each ticket goes back to Operation: Military Kids to help support their programs!