



DEPARTMENT OF THE ARMY
C BATTERY, 2D BATTALION, 6TH AIR DEFENSE ARTILLERY
2745 MINER ROAD
FORT SILL, OK 73503


ATSA-TPY-C

19 January 2018

MEMORANDUM FOR Students, Army Medical Department Direct Commission Course

SUBJECT: AMEDD Direct Commission Course Physical Readiness Preparation

1. Trainees participating in the Army Medical Department (AMEDD) Direct Commission Course (DCC) should begin preparing for the Army's Physical Readiness Training Program (PRT) as soon as possible. AMEDD DCC Trainees will conduct daily PRT and will complete a diagnostic Army Physical Fitness Test (APFT).
2. The following resources can be used to prepare:
 - a. Field Manual 7-22:
<http://www.westpoint.edu/dpe/SiteAssets/SitePages/Cadet%20Additional%20Prep/FM%207-22%20Army%20Physical%20Readiness%20Training.pdf>
 - b. Army's PRT Pocket Manual:
https://www.goarmy.com/content/dam/goarmy/downloaded_assets/pt_guide/pocket-pt-guide.pdf
3. The point of contact for this memorandum is 1SG Daniel Roletto at (580)558-5217 or daniel.j.roletto.mil@mail.mil.


SARA A. LEE
CPT, EN
Commanding