



Exceptional Family Member Program

EFMP

What is the Exceptional Family Member Program (EFMP)?

The Exceptional Family Member Program (EFMP) is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support and personnel services to Families with special needs.

Definition of an Exceptional Family Member (EFM):

An Exceptional Family Member (EFM) is a Family Member (adult or child) with any physical, emotional, developmental, or intellectual disability that requires special treatment, therapy, education, training or counseling.

Family Members qualify for EFMP if they:

- Have a chronic medical/physical condition requiring follow-up support/sub-specialty care
- Have a potentially life threatening condition, such as asthma, insulin dependent diabetes, epilepsy, sickle cell disease, or serious food allergies resulting in anaphylaxis
- Require intensive follow-up support such as high-risk newborns or a diagnosis of cancer within the past five years
- Children requiring early intervention or special education services resulting in an IFSA/IEP
- Require any level of mental health service for a chronic condition such as depression or bi-polar disorder within the past five years or projected for the future
- Have Attention Deficit Disorder or Attention Deficit Hyperactivity Disorder (on medication or not) that requires a higher level of medical intervention (i.e. counselor, psychologist, psychiatrist, pediatrician, etc.)
- Require adaptive equipment, assistive technology devices or services

Note: This list is NOT conclusive, contact the MEDDAC EFMP at (580) 558-3460 for more information or to determine if a Family Member should be screened for enrollment.

Does enrollment have any impact on my career?

Enrollment in the EFMP does **NOT** adversely affect selection for promotion, schools or assignment. Information concerning enrollment in the EFMP, or any of the data used in the program is **NOT** available to selection boards.

What are the benefits of EFMP enrollment?

EFM's medical and special education needs are considered during the assignment process and Service Members are assigned to an area where the needs of the EFM can be met if possible.

Are special education needs always considered by the Human Resources Command in the assignment process?

Special education needs are only considered in the assignments outside the United States. Assignments within our 50 States and Trust Territories are not based on the educational needs of children. Every local school system must follow laws regarding the provision of special education.



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Who must enroll in the program?

The following Service Members with EFM's must enroll in the program:

- Active Army, Navy, Air Force, Marines and Coast Guard
- U.S. Army Reserves (USAR) Soldiers in the USAR-Active Guard Reserve (AGR) program and other USAR Soldiers on active duty exceeding 30 days
- Army National Guard (ARNG) personnel serving under authority of Title 10, United States Code

When do I enroll my Family Member?

Enrollment should be made as soon as a special need is identified. The best time to initiate the enrollment is **BEFORE** the Soldier comes down on reassignment orders.

How do I enroll in the program?

- Contact the MEDDAC EFMP Special Needs Advisor, Reynolds Army Community Hospital (RACH) 4301 Wilson Street Room 1D121 and 1D123 Fort Sill, Oklahoma (next door to RACH main pharmacy)
Email: rachefmp@amedd.army.mil
MEDDAC EFMP: (580) 558-3460
- Obtain enrollment forms from RACH and have them completed by your physician or Special Education Personnel.

What EFMP Community support services are available?

Fort Sill's Army Community Service (ACS) can provide resource and referral information, advocacy, support groups, respite care and relocation assistance.

- Contact the EFMP staff at Army Community Service (ACS)
4700 Mow-Way Road Fort Sill, Oklahoma
Website: sillmwr.com
ACS EFMP: (580) 442-4916

Helpful Websites:

www.militaryhomefront.dod.mil
www.sillmwr.com/acs.html
www.rach.sill.amedd.army.mil
www.tricare.osd.mil
www.humana-military.com
www.militaryonesource.com
www.myarmyonesource.com



EXCEPTIONAL FAMILY MEMBER PROGRAM Systems Navigation Services

Where can I obtain more information?

For more information about the EFMP and Systems Navigation, contact the closest installation EFMP manager in Army Community Service.

1 (877) 811-ARMY

www.armyonesource.com



EFMP is an Army Family Covenant Commitment:
Keeping the Promise



What is EFMP?

The Exceptional Family Member Program (EFMP) is a comprehensive, coordinated, multi-agency program which provides community support as well as housing, medical, educational and personnel services to Families with special needs.

What is Systems Navigation?

Systems Navigation is a community support component of the EFMP that connects Families with special needs to the systems of care they need, both on and off the installation. Systems Navigation also supports the goals of the Army Family Covenant.

Who is eligible for Systems Navigation?

Active Duty Army, Reserve and Guard Families are eligible for Systems Navigation assistance regardless of their Exceptional Family Member's (EFM) medical and/or special education condition. All services are provided at no cost to Families.

Who is a Systems Navigator?

Systems Navigators are Army Community Service EFMP staff members located on the installation. They are trained and knowledgeable about the systems of care used by Families with special needs. The primary role of a Systems Navigator is to navigate Families through the available systems of care.

How can an EFMP Systems Navigator help your Family?

- Identify your EFM and Family strengths and needs.
- Help identify and prioritize your EFM and Family goals.
- Develop a Family Service Plan to reach your goals.
- Make referrals to required services.
- Provide information about disabilities or medical conditions of concern.
- Find transportation to appointments related to the Family Service Plan.
- Identify support groups and social activities.
- Strengthen your ability to advocate for your EFM.

Are EFMP Systems Navigation services offered at all installations?

Systems Navigation is currently offered at the installations listed below. The Army recognizes the importance of expanding the EFMP and looks forward to offering the program at additional installations in the future.

CONUS

West Region	Southeast Region	Northeast Region
Bliss, 2	Bragg, 3	Belvoir, 2
Carson, 2	Benning, 1	Drum, 2
Hood, 2	Campbell, 4	Meade, 1
Leavenworth, 2	Polk, 1	
Leonard Wood, 1	Stewart, 1	
Lewis, 4		
Sill, 1		

OCONUS

Europe	Pacific Region	Korea
Baumholder, 1	Schofield, 2	Daegu, 1
Grafenwoehr, 2	Shafter, 1	Humphreys, 1
Heidelberg, 1	Wainwright, 1	
Kaiserslautern, 2		
Mannheim, 1		
Schweinfurt, 1		

