

6th ADA BDE FRG Newsletter

NOVEMBER 2011

INSIDE THIS ISSUE:

Commander's Corner

FRSA Notes

6X HHB

1-56th ADA BN

2-6th ADA BN

3-6th ADA BN

Chaplain & Key Events

Information Management &



Brigade Commander Corner

First, Brigitte and I want to welcome in our new BDE CSM, CSM Cowan and his wife, CPT Ana Cowan. CSM Cowan comes over to us from 3-2 ADA and we look forward to his leadership and counsel.

I am certain all of our families are enjoying the cooler weather - don't worry, it gets much colder. This time of year brings a whole new set of activities and events. All the battalions did a great job with the various Halloween support activities. I hope all the families got a chance to get out and enjoy the Post Haunted Trail and 2-6's haunted house. We are in the full mix of planning for our St Barbara's Day Ball....please mark it on your calendar for 9 DEC at the Patriot Club. It will be open to all families and should be a great event. We closed out October with a Family Wellness event at the Gunner's Inn focusing on topics to promote healthy relationships in recognition of National Domestic Violence month. Thanks to all that attended.

As we approach November, please take time to think about our Veterans and those still deployed in support of operations overseas during the Veteran's day weekend. Our country enjoys the freedoms it does because of the sacrifices and selfless service of our Veterans. It is great that we can thank our Veterans in the same month that we celebrate Thanksgiving and enjoy the blessings of friendship and families. Brigitte and I always look forward to being in the Dining Facility on Thanksgiving to help serve a great meal to our soldiers and say "thanks". For many of them, this is their first time away from home during this holiday. For others, the Army is their family and we are grateful to share the holiday with them.

Finally, we will officially declare the opening of the ADA Association here at FT Sill on 10 NOV. Thanks to all the soldiers who have helped set the bldg up and for making this ceremony happen. I encourage all to see what the association is about as they are working hard to make the ADA mark here at FT Sill. If you haven't seen the bricks out by the Stinger statue (First to Fire statue), go out and see them. If you would like a brick, the association can take care of you and ensure your name is placed among previous and currently serving ADA soldiers and partners.

We wish everyone a safe and enjoyable Veteran's and Thanksgiving Holiday.

COL Bill and Brigitte Stacey

Chaplain's Words of Praise

A BETTER WAY

Luke 16: 19-31

In **Luke 16**, Jesus told a story about a rich man who lived for himself and ignored God. After death, he experienced the consequence of his choice—eternal separation from the Lord.

Jesus described him as one who lived in luxury every day (**verse 19**), providing for himself the best that money could buy but giving little to the poor at his gate. It is important to realize that this man was not judged harshly by God because of his wealth, for God is not opposed to success. Nor was the man separated from the Lord because of his physical or verbal mistreatment of the poor. He did not deliberately harm others, but perhaps equally as worse, he demonstrated an apathetic disinterest in the well-being of others as he overlooked the needy and concentrated primarily on himself.

The rich man's mistake was that he prepared everything for the body but nothing for the soul. Our culture practices a similar style of living. Acquiring material riches and satisfying self is the primary pursuit of many in our world. Regardless of financial status, however, the focus of many lives is on "me". It is all about "what I can get out of something" or "what have you done for me lately" or "I can do all things through and by myself." Subliminally, we'll even say we're an Army of "ME" and not "WE". Having what one wants seems, for many, to be the primary objective in life, but such a pursuit leaves one empty and void on the inside. We yearn for the blessings of the Lord such as promotion, successful kids, better jobs, better schools, better marriages, better neighborhoods, etc. minus the personal sacrifice necessary to obtain the aforementioned boons of good fortune. That, however, would be equal to reaping a bountiful harvest without ever having done the hard work of plowing the field and sowing the seed. In other words, true blessings simply don't come without a willingness to dedicate ourselves to the hard work and personal sacrifice that yield the harvest of a better humanity.

Regardless of what our culture thinks, life is never just about us; rather, it's about reaching out to others as an extension of God's love, grace and benevolence such that the stale apathy of worldly contemplation becomes an inconsequential footnote in the annals of human history. This wondrous life we have been granted is on borrowed time; consequently, let us use it to enrich the lives of others. And in doing so, know that that warm sensation which caresses your soul emanates from the warm divine embrace of God – Himself. Whoever accepts Christ's love and salvation will not only live eternally with Him but be empowered to pick-up his/her cross of obedience and self-sacrifice to a cause greater than we - LOVE. Amen.

Blessings!
Chaplain Robert Thomas

FRSA NOTES

Operation Turkey Drop

If you are an E1-E6 Service Member or Family Member you are invited to apply for Operation Homefront, Oklahoma Thanksgiving assistance program. If accepted you will receive a \$25.00 gift card that can be used towards the purchase of your holiday meal. Apply at: http://www.fromstack.com/forms/?1126896-n5ucEn-bi6E&fb_source=message.



Happy Thanksgiving!

November is National Military Family Month

November is Military Family Appreciation Month, with the Army Continuing its focus on building strong, resilient families. Military Family Month was established in 1993 by the Armed Services YMCA, with the U.S. Government recognizing the occasion every year since. President Barack Obama proclaimed November 2009 as Military Family Month, calling on all Americans to honor military families through private actions and public service for the tremendous contributions they make in the support of our service members and our Nation.

As you think about activities and events that will appropriately recognize our families, please focus particularly on how they have contributed to overall family and mission readiness. We hope that you will plan events that will highlight family readiness and the significant roles families play.

Thanks

The families of 6th ADA BDE would like to thank COL Dan Karbler for his awesome interpretation of "Llama Llama Red Pajama and supporting the Read for the Record event on October 6.

We also send our gratitude to the our volunteer craft helpers. Your support and talents made this event extra special for the children.

CW3 Byrd, Michael	WO1 Brown, Matthew
WO1 Cronen, Christopher	WO1 Fate, Micah
WO1 Forgione, Gerald	WO1 Spillane, Mark

2,184,155 children world wide participated in the event.

100 Things to do around Fort Sill!

1. Go bowling at the bowling alley on post.
2. Visit the animals (deer, wild turkey, wolf, bobcats, etc) located at Sportsman's services on post. (located just before the golf course when driving towards Apache gate)
3. Spend the day at Penn Square Mall in OKC. (The Cheesecake factory is also onsite there).
4. Visit Bricktown in OKC. Take a ride on the canal and have lunch or dinner at one of the great restaurants.
5. Camp out at LETRA. Or just spend the day enjoying the lake. During the summer season, you can enjoy the beach, waterslide, and mini golf.
6. Hit the gym. The gyms on post are free to military dependents or you can get a family membership at the Y in town and enjoy free on-site childcare. Both offer many classes, activities, and workout options.
7. During the summer, enjoy the pools, splash parks, or water parks. We have a small water park in Lawton. There is also a water park in Wichita Falls.
8. Check out the local theatre. The Civic Center in OKC has something pretty much every weekend. You can catch big name off Broadway shows, local theatre troops, ballet, the symphony, and more. Cameron University also occasionally has theatre productions.
9. Go take a hike!! The wildlife refuge is the perfect place to go explore the outdoors.
10. If hiking isn't your thing, take a drive. You don't have to be on foot to enjoy the beauty of the refuge. Pack some snacks or a picnic and enjoy a relaxing drive.
11. Visit some of our many museums. OKC has several. But, Duncan and Lawton also offer great museums.
12. Go antiquing. Many of the smaller towns around Lawton have great little boutiques and antique shops. Take a day to get lost on the back roads.
13. Take the kiddos to Jumpin' Jax and let them burn off some of that extra energy they always have.
14. Make use of local libraries. Each local library offers great programs for kids year round.
15. Join or start a book club. Fletcher and Elgin already have one going. If there isn't one in your area, post on the wives groups and start one.
16. Get pampered. Lawton has several salons to choose from.
17. Visit the OKC Zoo.
18. Go to Elmer Thomas Park in Lawton. It is a great place to take the kiddos. You can feed the geese and check out prairie dog town. They also have a few play areas.
19. Get involved in one of the local churches. The Lawton area has some great churches and many have activities offered throughout the week.
20. Volunteer your time to help those less fortunate. Lawton/Fort Sill has many wonderful non-profits who can always use some extra help. You can make new friends and feel good about how you spent your time.
21. Go see a movie.
22. Find a workout buddy. A lot of local wives get together to work out in their homes and go for walks in addition to meeting up at the gym.
23. Keep up to date on MWR events. They are constantly offering new opportunities for local fun!

24. Take advantage of military discounts for local sporting events. OKC has a lot to offer in minor league and college sporting events.
25. Take a class. Cameron University offers night and online classes as well as traditional day classes. They also have some weekend seminars available. You can enroll through the Ed Center on post or on the main campus itself.
26. If you have little ones, join a playgroup.
27. Get in some target practice. You can use the range on post. There is also an archery shop (Archer's Corner) in Lawton that has an indoor archery range.
28. Go south... Visit Wichita Falls or keep going and explore Dallas. If there is a hunter in your family, you'll probably want to check out the Cabela's in Dallas.
29. Shop the Farmer's Market. It is open Wednesday and Saturday mornings at the Comanche County Fairgrounds in Lawton.
30. Keep an eye out for local events. Lawton and many of the smaller, surrounding towns have various festivals and small fairs throughout the warmer months. There are also many holiday events going on during cooler months as well.
31. If hunting is your thing, then Fort Sill is the place to be. Hunting opportunities are available year round on post. Contact Sportsman's Services for more info.
32. Host or attend an in home party. Many local wives have home-based businesses. So, there is always a party going on somewhere.
33. If you're looking for a night on the town without the kids, Bricktown is a great place to be. Lawton also has many different bars and restaurants as well.
34. Indulge your sweet tooth at one of the bakeries or cupcake shops.
35. A Pigment of Your Imagination has paint and take pottery. They also have some adults only events and do private parties as well.
36. Get a (free) makeover. Sephora in Penn Square mall is a make-up lover's paradise and their staff are usually available to help you try out new make-up for free. They will also package some samples for you to take home and try.
37. If politics is your thing, there are many different groups in the area to help you get involved in your cause... whatever that cause may be.
38. Get involved in your FRG (if you have one). Ask how you can contribute and help your spouses unit while making new friends.
39. Visit the botanical gardens in OKC. It's located near Bricktown. So, you could visit both without any extra driving.
40. Wichita Falls and OKC both have Chuck E. Cheeses.
41. There are also plenty of places in the area to go fishing. Some local parks have stocked ponds for catch and release fishing with the kids. And there are several lakes which offer opportunities for more serious fishermen to do their thing.
42. Introduce yourself to the gals over at A Place for Fort Sill Wives and Girlfriends and attend their weekly coffee night, Wednesday brunch, or one of their other get-togethers. <https://www.facebook.com/pages/A-Place-For-Fort-Sill-Wives-GFs/135131689882677>
43. If you live in the Elgin/Fletcher area (or don't mind the drive)... you can join the group for Fletcher and Elgin Moms. They offer a book club, bi-weekly meet-ups, and other activities.
44. If you have school aged children, see what you can do to get involved with their school.
45. CYS and SKIES Unlimited offer great programs and classes for military children year round.

46. Lawton also has schools and classes for Karate, dance, gymnastics, and cheerleading.
47. Go golfing.
48. Take the kids to one of the free workshops hosted each month at Lowes and Home Depot.
49. Visit Medicine Park. It has a small river walk (you can even swim/wade there in the summer), local shops, bars, and dining.
50. Create an event. Any member of Fort Sill Army Wives is welcome to create a group event. One of the most common events is planning a wives lunch. Pick a place, day, and time... create your event through the group and it will automatically invite all members.
51. During the warmer months, both Lawton and Fort Sill host movie in the park nights.
52. Stop by the Leslie Powell Art Gallery to check out work by local artists.
53. Tour the Historic Mattie Beal Home.
54. Try your luck at one of the local Casinos.
55. Spend a night at the Speedway in Lawton.
56. Catch a movie at the Chickasha Drive-In.
57. The Holy City of the Wichitas puts on the longest running Easter Passion Play in the nation. The Holy City is also open year round for tours.
58. There are many local wineries in the Lawton/Fort Sill area. Some have small shops open for tasting and purchasing wine. Others have on-site cafes or restaurants.
59. The Lawton area also has opportunities for horseback riding adventures. You can find a place to lease a horse, board one you already own, or even sign the kids up for riding lessons.
60. Get your kicks on route 66. J
61. Spend the day at Frontier City Amusement Park. (Don't forget to check the ticket office on post before going. Discounted tickets can sometimes be purchased on post.)
62. Play laser tag at Laugh Out Loud.
63. Take care of your need for speed at Pole Position Raceway in OKC. They have a large indoor go cart track. They're open to the public and available for private parties.
64. Explore Stockyard City. This historical district is packed with western themed shops and is home to one of the premiere steak houses in Oklahoma City.
65. Go to the Mat Hoffman Action Sports Park. This 26,000 sq foot park is home to everything you need to take care of your action sports needs whether it be skateboarding, in line skating, or bmx... they have a place for you there.
66. OKC is also home to an indoor rock climbing center. Rocktown Climbing Gym is built inside a large grain silo across the interstate from Bricktown.
67. For outdoor sporting enthusiasts, there is a Bass Pro Shop located near Bricktown as well.
68. OKC's boating district offers kayaking and canoeing. The district is also home to OCU's rowing team.
69. The OKC Farmer's Public Market (OKCfarmersmarket.com) has many unique shops open throughout the week.
70. Celebration Station is a family fun center located in Oklahoma City. They are open daily and can be booked for private parties.
71. Get involved with the Fort Sill Patriot Spouses Club.

72. Take an Oklahoma River Ride.
73. Visit Orr Family Farm. They have a carousel, pedal cars, pony rides, train rides, panning for treasure, fishing and much more.
74. Check out horse racing at Remington Park.
75. OKC's Plaza District is full of Indie shops and eateries.
76. Stop by our one and only Starbucks and get your caffeine fix for the day.
77. Get a new tattoo.
78. Go fly a kite.... Seriously with all this wind, it's amazing this isn't done more often.
79. Spend a Saturday morning hitting the garage sales.
80. Spend a Saturday morning having a garage sale.
81. Have a cookout. It's Oklahoma, this is practically a year round past time.
82. Take your dog for a walk. Or, if you don't have a dog, visit the animal shelter on post and find a new best friend to go on walks with you.
83. Volunteer! I know it was mentioned before. But, the possibilities are endless. Sign up for the Community Action Group on FB for some great ideas or contact Family Promise of Lawton to find out how you can help homeless families.
84. Take the kids to Kids Zone in Lawton. It's a large wooden playground located between Cache and Gore on 38th street.
85. Take advantage of the natural beauty around Lawton and get some great pics. You can snap them yourself or tap into the talent some of our very own Army Wives have to offer.
86. Attend one of the formal balls Fort Sill and various units put on every year.
87. Keep an eye out for vendor expos and craft shows... especially around the holidays.
88. Tour our state capital and the Governor's mansion.
89. Get to know your chaplain and take advantage of the Marriage Retreats offered for Fort Sill couples.
90. Participate in AFTB training and use what you learn to make the most of your life as a military spouse.
91. Attend one of Fort Sill's monthly community dinners.
92. Go to the Impact Zone on Friday night for Texas Hold 'Em.
93. Learn a new language. Rosetta Stone software is available for use in-house at Nye Library.
94. Check out the Lawton Rollergirls! (Roller Derby)
95. The Comanche County Fairground also has other events scattered throughout the year. (gun shows, shopping events, carnival, etc)
96. Wichita Falls, Lawton, and Fort Sill also have various events throughout the year such as Oktoberfest, International Fest, Family Fun Days, etc.
97. Cameron University hosts events throughout the year as well. This includes college sporting events and some free seminars.
98. There is a mini golf course located near the Golden Coral on Cache.
99. If you have a little one and just need to get out of the house for a bit... There is a small play area in the Central Mall that works great for little tots and is a nice place to go that won't cost anything and doesn't rely on the weather being nice.
100. If there's something you love to do that isn't on this list... make it happen! Create an event and get it going!!

Toys for Kids Drive

Fort Sill's Family and MWR works with the Better Opportunities for Single Soldiers (BOSS) Program, The Sergeant Audie Murphy Club (SAMC) and the Co-op Partners to make Toys for Kids a success yearly. Christmas will be brighter thanks to the hard work and generous spirit of all involved with this wonderful effort to take care of our Families. Fort Sill will accept unwrapped new toys, 15 November at the Recplex.

Thanksgiving Make & Take

Please join us Sunday, **November 20th** at Nye Library for some fun craft opportunities celebrating American Indian heritage and its impact on the Thanksgiving holiday. The Make and Take **starts at 2pm and ends at 4pm** or when supplies run out!

Operation Thanksgiving Eagle

Is a project that thanks military children for their daily sacrifices in the name of protecting America's freedom by providing free copies of Debbie Finks children's activity book, titled "It's a family Thanksgiving! A Celebration of an American Tradition for Children and their Families. This holiday work book reminds us why we hold strong to our history, our heritage and our family traditions and how we draw strength and inspiration from our heroes and our heroines. Please visit www.ausa.org/family for your copy.

Military Children asked to provide cards to the White House

The First Lady, Michelle Obama has requested military children to provide 5X8 handmade holiday card to help decorate the White House this holiday season with words of appreciation for their military parents, as well as pictures and drawings. The White House will display as many cards as possible.

Participants are asked to send the holiday cards **NLT 16 NOV** to:

Reservation 1

Attn: Social Office

PO Box 8070

Washington DC, 20032



Caption describing picture or graphic.

Spice: A Dangerous New Drug

From an article by Melissa McClain

There's a drug popular with teens in the U.S. that many parents may never have heard of, but worst of all – it is legal. This drug, called “Spice” or “K2” is said to give the user a marijuana-like high. Sold in shops and online as incense, it is being smoked as a legal alternative to marijuana. But this drug appears to have far more dangerous side-effects and without the necessary regulation, consumers have no idea what they're really getting.

Spice originally appeared on the scene in the late 1990s, but didn't really become popular until 2008. As the drug gained popularity in Europe, scientists began conducting research into the composition of this drug and any potential effects on the body. As a result of these investigations, many countries subsequently banned Spice including Germany, France, Chile, Poland, Russia, South Korea, Sweden, Switzerland, Austria, and the U.K. The United States currently has no such ban on the drug, likely due to the fact that it has only recently become popular in the U.S.



German researchers were able to determine that Spice contained a variety of synthetic cannabinoids, which are chemical compounds devised to produce marijuana-like effects. There was a high quantity of other synthetic chemicals found as well, indicating that a user really has no way of knowing what they are being exposed to. Worse yet, Spice appears to have many negative side effects that marijuana does not such as anxiety attacks, hallucinations, nausea, and a chemical dependency. Three teenagers in Roswell, GA were recently hospitalized after using Spice. One teen had a severe reaction to the drug, resulting in swelling of the brain.

Theoretically, children under the age of 18 cannot buy the drug, as head shops and online stores are not supposed to sell to minors. As this drug is still legal in the U.S., many people may be led to believe that it is a safe alternative to marijuana. This could not be further from the truth. Parents, teachers, and lawmakers need to be made aware that this drug is out there and that it has the potential to harm the lives of our children.

The Army Position on Spice is: 'Spice'

now illegal

March 24, 2011 By C. Todd Lopez

WASHINGTON (Army News Service, March 22, 2011) -- There's no more wiggle room for Soldiers who want to use marijuana substitutes like "Spice" or K2.

New rules by both the Army and the U.S. Drug Enforcement Agency make at least one thing clear to Soldiers: Spice will burn you.

In February, Secretary of the Army John McHugh issued a memorandum that establishes an Army-wide policy prohibiting the use and possession of synthetic cannabis and other substitutes for delta-9-tetrahydrocannabinol, commonly referred to as THC, the primary psychoactive constituent of marijuana.

On March 1, the DEA also made Spice illegal nationwide for at least a year.

The product Spice, and other products that use that name generically, are sold in packets and appear as a shredded green herb, similar to marijuana. The product is a delivery system for synthetic cannabinoids, and when smoked gives users an effect similar to that of smoking marijuana.

"Synthetic cannabis and THC substitutes are so closely related in action to THC as to make it obvious that synthetic cannabis and THC substitutes will have the same potential for abuse as THC," wrote McHugh in his memo. "It is, therefore, reasonable to assume that synthetic cannabis and THC substitutes have substantial capabilities of creating hazards to the mission of the Army, the health of the user and to the safety of the Army community."

McHugh's memo spells out clearly what the Army's rules are for the drug.

In regards to Spice and other similar synthetic marijuana products, Soldiers from all components of the Army are prohibited from "using, possessing, manufacturing, selling, distributing, importing into or exporting from the United States, or introducing into any installation, vessel, vehicle, or aircraft used by or under the control of the Army."

The DEA also took action on synthetic marijuana products by temporarily placing five synthetic cannabinoids into Schedule I of the Controlled Substances Act, right alongside PCP, Ecstasy, and real marijuana.

The DEA's addition of the synthetic cannabinoids into the Controlled Substances Act means that it is no longer just prohibited for Soldiers to use them - it's illegal now for all Americans to possess and use them.

Buddy Horne, with the Army substance abuse program, said that while the DEA's listing of the drug is only temporary, and can be reevaluated within a year, the same is not true of the Army's policy.

"Our Secretary of the Army memo is permanent until rescinded," he said.

While it's now illegal for Soldiers to use or possess Spice, the Army is working to develop an easy way for commanders to test Soldiers who might have used the drug. Right now that is not so easy to do.

Horne said there are no "production labs" now to test to see if a Soldier has used Spice. The production labs, he explained, are the ones that conduct the 1.2 million or so drug tests each year as part of the Army's random drug testing program. Those same labs can conduct on-demand drug testing for commanders who have "probable cause" to believe that a Soldier might have used a drug.

"That's a legal term where I have found something on that Soldier, in his room, in his car, in his possession, that would allow me now with a lawyer's support to say now I can test this Soldier for this particular drug because we found some kind of evidence," Horne said.

There are production labs similar to the Army's labs that serve all branches of the service. They are operated by the different services, but are funded by the DoD, and operate under DoD policy. The labs currently test every incoming specimen for marijuana, cocaine, amphetamines and heroin.

There are additional tests the production labs are capable of doing, and they apply those tests randomly to specimens on a rotating basis, or at the request of a commander for a specific drug.

What is not in the battery of tests available at the production labs now is a test for Spice. The Armed Forces Institute of Pathology can conduct such a test; however, it requires there be an open case from CID to conduct such a test.

But the Army is looking for ways to remedy that situation.

"The Army is getting closer to the point where we can start identifying Soldiers for Spice, other than just random testing," Horne said. "If we get to the point where we get a civilian contract lab approved, we get a contract vehicle that can support that, we would open it up to commanders for probable-cause testing."

Horne went on to say that it's important the Army select such a lab carefully because they want to ensure testing is done accurately, to protect the Soldier. He also said the Army wants to ensure that a lab is trustworthy with its handling of evidence, so test results could be used to process actions under the Uniform Code of Military Justice. "We want to ensure a product that we're using taxpayer's money for is legitimate," Horne said.

Headquarters Headquarters Battery

Hello family and friends of the 6X, HHB from CPT Bates and 1SG Morris . I'd like to thank everyone for their ongoing support and contributions during my first week as battery commander. 1SG and I would like to thank all of you for the sacrifices you constantly make in support of the most important mission the U.S. Army has....training Soldiers. My family and I are extremely excited about this opportunity to serve you and we are looking forward to this journey! Thank you for welcoming us into the "Headhunter" family.

1SG and I are adventurously planning 6X, BTRY 1st FRG event since I assumed command and we are eagerly looking forward to meeting all the supportive families on our team! I encourage all Soldiers and Family to become an active participant in the FRG. If you are interested in participating and for ideas on future events please contact me at (580) 442-0633 or by email Yania.bates.mil@mail.mil.

As always, we would like to thank all of our family members for your continuous support. Your sacrifice contributes to the success of our mission and is greatly appreciated. Please continue to remember our Soldiers who are deployed abroad.

Respectfully,
CPT Bates & 1SG Morris

Hails & Farewells

We would like to bid a warmhearted farewell and a special thanks to SSG Kidder, SSG Miller, SGT Patton, SGT Johnson, SFC Simpson and SFC Gardner. Thank you for the memories and your service to the Headhunts! Best wishes in all of your future endeavors!

We would like to welcome COL Spillman, SFC Kelly, 1LT Sanger, SPC McDonald, CW4 Schultz and their families to the battery. We know we will all benefit from your collective knowledge and experiences.

~Events~

Fall Intramural Sports

XBOX NCAA Football Tournament- Entry deadline is 2 Sept 11. Tournament is 24 Sept 11.

Swimming- Entry deadline is 27 Sept 11. Tournament is 1 Oct 11.

Soccer- Entry deadline is 11 Oct 11. Season begins 18 October 11.

10K Run- Entry deadline is 14 Oct 11. The run begins on 14 Oct 11.

Bowling- Entry deadline is 29 November. Tournament begins on 3 Dec 11.

Intramural sports participants must be active duty military. For all information on Intramurals and Post Level (Varsity) Sports contact the MWR Sports office at 442-5623/3269



SKIES Unlimited

Schools of Knowledge, Inspiration, Exploration & Skills



New Classes Starting in October & November!



Karate

Learn various punches, kicks, and self defense moves. Students will develop and improve discipline and self confidence.

Instructor: Nettie Felder,
Location: Bldg 2874 Craig Rd.

Ages 3-5 meet on Mondays at 4:45pm-5:30pm, Cost \$40
Ages 6+ up meet up on Mondays and Wednesdays at 5:30pm-6:15pm,
Cost \$50



Dance Classes

Instructor: Marie Rollins
Location: Cooper CDC

Hip Hop Jazz

Ages 4-6 meet on Tuesdays and Thursdays at 5:00pm-5:30pm, Cost \$45
Ages 7+ meet on Tuesdays and Thursdays at 5:30pm-6:30pm, Cost \$50

Tap

Ages 7+ meet on Wednesdays at 5:45pm-6:45pm, Cost \$45

Pre- Ballet and Tap Combo

Ages 4-6 meet on Wednesdays at 5:00pm-5:45pm, Cost \$45

Mommy and Me Dance

Location: Bldg 2874 Craig Rd.
Ages 2-3 meet on Wednesdays at 10:00am-10:30am, Cost \$30

Children must be registered with Child, Youth, and School Services to participate in SKIES classes. For more information, contact 442-3927/4831. Classes are open to the public, but must be registered with CYSS. Visit us at www.sillmwr.com for more events and classes!



Holiday Survival Workshop

Nov. 15, 2011
Rinehart Fitness Center
5:00 p.m.



JAN 1



Stay physically active when you travel during the holidays and get nutritional guidance in this fun and informative workshop. For more information contact Claudia Mejia at (580) 442-6712.



1-56th ADA BN

“Night Hides Not!”

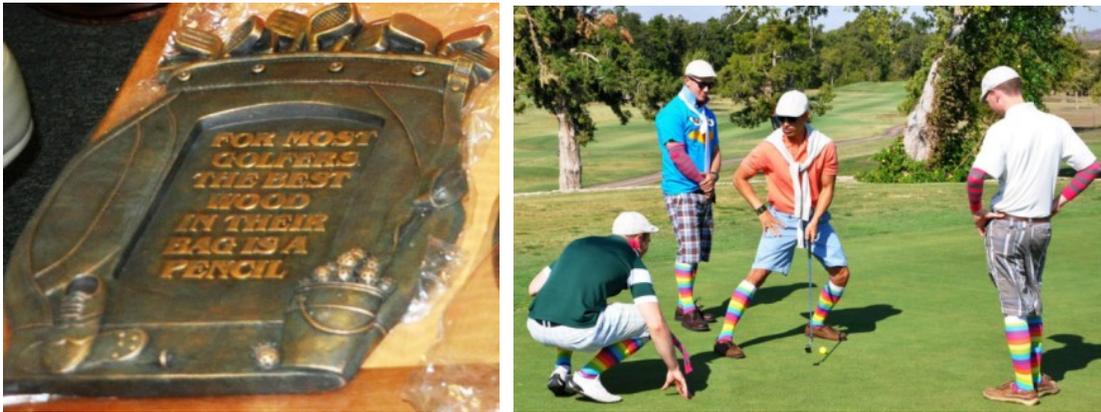


Greetings again to all friends and families of 1-56 ADA!! The Family Readiness Group is the heart of a unit! October not only brought on Oktoberfest but also breast cancer awareness month, domestic violence awareness month, fire prevention month, and the continuance of the Combined Federal Campaign. Aside from all the important causes that make up the month of October, the change of season denotes the coming of cooler weather to the region. Change continues this month as we welcomed our new Battalion CSM, MSG(P) Keith Maxwell during a change of responsibility ceremony.



SGT Erin Smith of HHB, 6X hands flowers to Mrs. Maxwell during the change of responsibility ceremony (above left) The passing of the NCO Saber (upper right) during the 1-56 Change of Responsibility as LTC Wanat passes the saber to incoming CSM, MSG(P) Maxwell. MSG(P) Maxwell (below left) speaks after assuming responsibility for the Officer Education Battalion. He is now responsible for the Cadre and Student Officers of the Officer Education for the Air Defense Artillery Branch. Chaplain Thomas (bottom right) gives the invocation to the change of responsibility ceremony.

During the course of the month we executed two fundraisers aimed at raising money for the December holiday party. The FMWR Post yard sale and the ADA Officer Education golf tournament completed in conjunction with the Fort Sill Golf Club provided the revenue necessary to support this year's event. We would like to extend



Pictures from participants from the ADA Officer Education golf tournament in October.



This month served also as our Battalion quarterly farewell event. As many new and talented faces continue to arrive at the unit we also export our leaders to continue to serve our Nation, our Army and our Branch. We bid a fond farewell to the Bishop, Blaisdell, and Carruthers families. Thank you for the memories, your service and the impact you have made on the Officer Education Battalion! Your contributions invariably shaped the minds of the future of our Air Defense Branch! Best wishes in all of your future endeavors! We would like to welcome the Costas, Fulcher, Hoffman, Nguyen, Pengilly, Queen, and Scarlett families to the battalion! Hand selected for this assignment, we know we will all benefit from your collective knowledge and experiences as you instruct the future of the Branch!

Finally, a special note of thanks to the Woodberry family: CW2 Woodberry is currently serving in Iraq, returning in January 2012! You continue to remain in our hearts and minds. Stay safe and be blessed!

Upcoming Events

- 11 Nov – 13 Nov – Veteran’s Day Weekend
- 17 Nov – holiday committee meeting
- 24 Nov – 27 Nov – Thanksgiving Day Weekend
- 2 Dec (tent) - Battalion Holiday party – 1830 Location TBD
- ? Dec – FRG Giftwrapping fundraiser
- 3 Dec – FCOE St. Barbara’s Day Ball Patriot Club
- 9 Dec – 6X St. Barbara’s Day Ball Patriot Club

The Battalion finished the month with the tailgate of the FMWR Haunted Trail. Candy donated from cadre, students and families went out to kids as they headed for the Haunted Trail! We couldn't help but decorate the area a bit and add some sights and sounds. Please see below:



Pictures all around from our FMWR Haunted Trail Tailgate!

Additional pictures from around the Battalion OCT





From the Air Defense Artillery School's Officer Education Battalion, thank you for all that you do! Get involved! Our Family Readiness Group is in need of your support! Many hands make very light work! We have had some volunteers step forward this past month! We are still in need of a new FRG treasurer and we are also looking for CARE team volunteers! CARE Team members of the FRG offer emotional support and practical assistance to Family members going through difficult situations (i.e. unexpected surgery, injury, illness, unexpected displacement, fires, etc.).

Remember, all volunteers on Fort Sill must be registered in Volunteer Management Information System (VMIS)! The volunteer hours tracked allows the Army to reward, inform and strengthen our military community! Please contact the TRADOC FRSA Mrs. Lisa Villarreal-Hughes @ lisa.m.villarreal-hughes.civ@mail.mil, call 580-442-3547/3849, or visit bldg. 1607 for details. Registration takes less than 10 minutes!

If you would like to get involved with the FRG please contact Mrs. Lydia Hawkins @ lydia.hawkins@us.army.mil or 310-872-4266. You can also contact CPT Dustin McGriff @ dustin.d.mcgriff.mil@mail.mil or call 580-442-0590.



2-6th ADA BN

“Set the Standard”

The month of October was ghoulish and full of fun. Another exciting month has passed us. Hope everyone had a safe and full of Treats Halloween Day. We continue to be excited about what we will be able to accomplish for our Soldiers and their families for the remainder of this year. Our unit has accomplished monumental tasks and continues to train and certify our Soldiers for war, but also making sure they stay stress free.

We ended the month of October with our 2nd Annual Battalion Haunted House, which was a success. The Haunted House was open to all Fort Sill community. As you waited in line to enter 2-6 House of Terror you were entertained by the Thriller Dancers. We had a Kids Carnival Room with games, food and face painting. If you were brave enough you went thru rooms of terrifying clowns and zombies. We had a wonderful time and want to thank all who showed their support and came out to support the second annual Haunted House event.



Haunted House Trail



Kids Carnival Room (Face Painting, Games, Cotton Candy, Popcorn and Movie)



Thriller Dancers



Clowns and Zombie Rooms



Now that we are approaching the Holiday Season we are beginning to plan for our holiday parties. It is time to prepare for parties and family time. We would like to remind everyone about the Saint Barbara Ball happening on December 09, 2011. Have a safe and happy holidays!!

If any of our Soldiers or their Spouses wish to be a part and volunteer or if you just need information contact your Battery FRG Leader.

We sincerely appreciate everyone's support!
LTC Brian W. Adams and CSM Robert D. Gooden



3-6 ADA BN

3-6th ADA Battalion

Bear the Standard

Commander's Corner

LTC Elizabeth Smith



Dear Friends and Families,

October has been a busy month for the BN. The highlights for the month; Audie Murphy Induction Luncheon, PMG Defense Design Brief that was held at the Patriot GIF, Post 10K Run, BN Ethics Training, the Patriot Master Gunner Course graduating with a class total of 9, the BN Halloween Creative Office Competition and the Halloween Haunted Trail Event supported by HQ/A and C 3/6; great turnout for these events. Thanks to all those who came out and showed their support.

Promotions

I would like to Congratulate the following exceptional Soldiers: SFC Thomas Johnson and SPC Timothy Boose on their promotion.

Hails

A warm welcome to CPT Brett Meugniot, SSG Ronald Ross, and SGT James McGowan and their families, who arrived to Headquarters/Alpha Battery. A warm welcome to SFC Luwi Edmeade, SSG Joshua Carbiener, SSG Ismael Gloria, SSG James Ortiz, SSG Paul Murray, and SSG Robert Beasley and their families, who arrived to Bravo Battery. A warm welcome to iLT Kori Steward and SGT Samuel Delossantos and their families, who arrived to Charlie Battery.

Farewells

We had to say goodbye to several more Soldiers this past month as they moved on to other chapters of their lives. From HQ/A: CW4 Eric Strach, MSG Steven Felicetti(PCS), SFC Derrick Salley(PCS), SFC Nadia Carter, SGT FrancineEstel Carriaga(ETS), and SPC Edward Prange(ETS). From Bravo: SGT Jacob Druschke(PCS). From Charlie: SSG Christopher Holder(PCS).

Sports

DON'T MISS OUT! Join us on our first game, 27 October at 2000 hours, Rowe Field as B 3/6 kicks off with B 2/6 this fall soccer. Family members are welcome; so get out there and show your support!!

Newborn Cubs

None expecting.

YOU'RE INVITED—FRG MEETING

All Family members are invited to attend the monthly BN FRG meeting! The purpose of these meetings will be to spend time together and offer Support as well as to share information of interest to families. Any and all family members are welcome—spouses and significant others, parents, Siblings, friends. Children are always welcome as well. Check the Newsletter each month for dates and times.

The next FRG meeting will be **Tuesday, November 22nd, 6:00 PM at BN HQs.**

Upcoming Events

- CG Walk/Run Challenge, 03 NOV
- Arvest/3-6 ADA Golf Tournament, 04 NOV
- Veteran's Day Weekend, 11-14 NOV
- Strong Bonds, 18-21 NOV
- BN Motorcycle Ride, TBD
- HQ/A FRG Potluck, 23 NOV
- Thanksgiving Holiday, 24-27 NOV



Social

As always... the **3-6 ADA Facebook page is a great resource for events in the Battalion.** We will post pictures of our events, videos from graduations and other information there on a regular basis. This is the address:

[http://www.facebook.com/?ref=home#!/pages/Lawton-OK/3rd-Battalion-6th-Air-Defense-Artillery-Brigade/119259838122073?ref=sgm&__a=46&ajaxpipe=1,](http://www.facebook.com/?ref=home#!/pages/Lawton-OK/3rd-Battalion-6th-Air-Defense-Artillery-Brigade/119259838122073?ref=sgm&__a=46&ajaxpipe=1)

Or just do a search for 3rd Battalion, 6th Air Defense Artillery Brigade.

Until next month, "BEAR THE STANDARD!"

Sincerely,

LTC Liz Smith

Words from the Family Readiness Senior Advisors

Hi Everyone,

Well, I'm finally back from my latest excursion to Korea and hopefully will be around for awhile. As we gear up for the holidays, we are anticipating a lot of functions, from Saint Barbara's Day to holiday receptions to spending time with our families during Thanksgiving and Christmas. As we near the holiday season and Holiday Block Leave, I will be asking for a few volunteers to assist in taking hot drinks and cookies to each of the gates nightly. As the nights get colder, they are very appreciative of just a little bit of good tidings and warm drinks. Our Holiday Party is currently scheduled for 05 December at 1800 hours at Cameron University. Hope to see many of you there!

Thanks,
Sun



This Veteran's Day, we honor those who have so bravely served this country.