



DEPARTMENT OF THE ARMY
HEADQUARTERS, UNITED STATES ARMY FIRES CENTER OF EXCELLENCE AND FORT SILL
FORT SILL, OKLAHOMA 73503

REPLY TO
ATTENTION OF

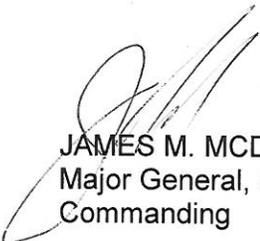
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4 May 2012

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Health Promotion, Risk Reduction, and Suicide Prevention Policy, CG Policy Memo 12-10

1. Reference Memorandum, HQDA, DACS, 16 April 2009, subject: Army Campaign Plan for Health Promotion, Risk Reduction, and Suicide Prevention.
2. All Soldiers and their Family members are entitled to live a healthy life. To that end, my command will support and promote the physical, mental, and spiritual well-being of our Soldiers and their Families. Commanders and leaders at all levels will consider the impacts mission requirements have on the well-being of their Soldiers and Families and utilize proven methods and resources to mitigate those impacts by using the Installation Risk Reduction Program recommendations and services to help identify high-risk behaviors of the Soldier population.
3. Soldiers shall not be demeaned for seeking help for mental health or any other legitimate reason. Every effort shall be made to reduce any negative stigma associated with Soldiers asking for help. Commanders shall foster a culture of support and tolerance of Soldiers with behavioral health and other issues. It is the right of every Soldier to ask for and receive help whenever and whatever the circumstance.
4. My policy does not end with Soldiers and their Families but is extended to our great civilian employees and our vast retiree community. We must adopt a comprehensive approach and we must do everything in our power to reduce the occurrences of high risk behavior and suicides in our Army.
5. This CG Policy Memorandum supersedes CG Policy Memorandum, ATZR-C, 16 June 2009, subject: Health Promotion, Risk Reduction, and Suicide Prevention Policy, CG Policy Memo 09-06.
6. Point of contact for this policy is the Army Substance Abuse Program, Risk Reduction Program Coordinator, 442-1644/5896/4205.


JAMES M. MCDONALD
Major General, USA
Commanding

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