

EAP works to make lives better

Did you know the Fort Sill Employee Assistance Program is your local one-stop shop for any challenge that you may be experiencing?

Your EAP is committed to restoring, maintaining and strengthening the health and productivity of the Army's total workforce. This is accomplished by providing confidential assistance to management and employees in the prevention, early identification and resolution of personal concerns preventing a person from thriving at work and at home.

What is the EAP?

The EAP assists supervisors, managers and their employees with problems that may affect work performance, the work environment and/or quality of life. The employee assistance program coordinator provides civilian workforce training with a variety of prevention education topics which include alcohol and drug awareness, energy management, workplace violence and conflict resolution.

Supervisor training is used to provide information that may include early identifica-



Did you know?

By Col. Paul Hossenlopp
Fort Sill Garrison commander

tion and referral of possible drug or alcohol related problems, team building, conflict resolution, leadership, stress management, workforce engagement and workplace violence. They also serve as the community point of contact for the workforce engagement initiative and civilian wellness program.

How EAP helps

EAP confidentially addresses day-to-day personal and workplace challenges. This provides for a more focused and productive workforce. Your Fort Sill EAP can assist with:

- difficulties in relationships,
- emotional/psychological issues,
- stress and anxiety issues with work or family,
- substance abuse,
- grief issues,
- personal issues,
- childcare/eldercare issues,
- conflict mediation, and
- team building and group facilitation.

- civilian employees,
- active-duty dependents,
- retirees,
- Army National Guardsmen and Reservists when inactivated, and
- eligible family members.

- Other Services

The Fort Sill EAP offers consultation services to supervisors of civilian employees. It also provide training on a monthly basis and on-site training as requested. For more information, call EAP at 442-4205.

Sill shorts

Revolutionary War

The public is invited to the U.S. Army Field Artillery Museum Saturday at 11 a.m., 1 and 3 p.m. for a demonstration of the uniform, equipment and weapons of the American Soldier in the Revolutionary War. There is a live fire demonstration of the flintlock musket at each session.

Reclamation sale

The next Fort Sill Reclamation Sale is July 16 from 8 a.m. to noon at Building 2102 Currie Road. A military ID card is required, and all sales are cash only. For more information, call 442-2712.

DENTAC notes

The Dental Activity Command Headquarters has moved to Sheridan Hall, Building 652, McBride Avenue, 2nd floor. Cowan Dental Clinic patient

parking is in the west parking lot across from Building 912. Soldiers parked in the east lot (particularly during PT in the morning) or at anytime in the fire lane or handicap spaces may be ticketed or towed.

Training support moves

The Fort Sill Training Support Center has consolidated into 2377 Hunt Road. For more information, call 442-6901.

Utility work

American Water is testing manholes now and smoke testing cantonment area sewer lines until Nov. 15 to check for leaks in lines. People will be notified about 48 hours prior to testing in their area. The ingredient used has no harmful side effects. It is not uncommon to see smoke coming from sewer vents on roof tops or inside

structures where plumbing problems exist. People who see smoke but are uncertain if it is part of the test should call 911 and take necessary fire evacuation precautions.

The contractor is also replacing a sewer line with work scheduled for Monday at 7 a.m. through July 1. This work will close Quinette Road to through traffic from Macomb to Randolph roads. Local traffic may access parking lots and buildings from the Randolph end.

3-Mile Track open

Fort Sill's 3-Mile Track is open. Users should be aware there are access points for heavy equipment to cross the track.

Travel restrictions

Due to continuing and worsening violence along the U.S.-Mexican border, the city of

Nogales and the states of Chihuahua, Coahuila, Durango, Guerrero, Michoacan, Nuevo Leon, Simoloo, Tamaulipas and San Luis Potosi in Mexico are off limits until further notice for service members. The policy also extends to Dept. of Army civilians and contractors traveling in official capacity. The commanding general of the Fires Center of Excellence strongly recommends family members, DA civilians and contractors from traveling to, or through, those off-limits regions.

Frontier Medical Home

The Frontier Medical Home at 5404 Lee Blvd. is open. Reynolds Army Community Hospital patients who want to transfer to the Frontier clinic can do so at the TRICARE Service Center located in RACH.

Business off-limits

Gert's Pub and Grub in Lawton remains off-limits, by order of Maj. Gen. David Halverson, Fires Center of Excellence and Fort Sill commanding general. This order applies to all military personnel to protect the health, safety, morale, welfare and discipline of military members. Soldiers, Sailors, Airmen and Marines who violate this order may be subject to actions under the Uniform Code of Military Justice.

Order of the Purple Heart

The Military Order of the Purple Heart is open to all veterans who have been awarded the Purple Heart. The order meets the first Tuesday of every month at 6:30 p.m. the American Legion Post #29 at 11th Street and F Avenue.

the Cannoneer®

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