

# EFMP navigator assists Sill families

Did you know an Exceptional Family Member Program system navigator recently joined the EFMP team at Fort Sill? Systems navigation is a community support component of the EFMP that connects families with special needs to the systems of care they need, both on and off the installation. Systems navigation also supports the goals of the Army Family Covenant.

Active-duty Army, reserve and National Guard families are eligible for systems navigation assistance regardless of their exceptional family member's medical and/or special education condition. All services are provided at no cost to families. Systems navigators work with the Army Community Service EFMP team on the installation. They are trained and knowledgeable about the systems of care used by families with special needs. The primary role of a sys-



## Did you know?

By Col. Paul Hossenlopp  
Fort Sill Garrison commander

tems navigator is to help families through the available systems of care. The systems navigator is able to help families with the following:

- Identify your exceptional family member and family strengths and needs;
- Help identify and prioritize your exceptional family member and family goals;

- Develop a family service plan to reach your goals;
- Make referrals to required services;
- Provide information about disabilities or medical conditions of concern;
- Find transportation to appointments related to the family service plan;
- Identify support groups and social activities; and
- Strengthen your ability to advocate for your exceptional family member.

Fort Sill is fortunate to have systems navigation as this added service is not yet located at posts throughout the Army. However, the Army recognizes the importance of expanding the EFMP and looks forward to offering the program at additional installations in the future. For more information or to meet Christie Seda, the new EFMP systems navigator, call 442- 8539 or e-mail christie.seda@us.army.mil.

# Month focuses on alcohol, sexual assault

Stephanie Armel  
Fort Sill ASAP office

The Fort Sill Army Substance Abuse Program and the Sexual Harassment/Assault Response and Prevention Programs are partnering together for National Alcohol and Sexual Assault Awareness Month in April. The month is intended to educate people and communities through prevention and interven-

tion training about the consequences of alcohol-related incidents to include the relationship to sexual assaults. Next month, wooden-teal and red ribbons, the national colors for sexual assault and alcohol awareness respectively, will be placed at the post gates to serve as visual reminders of the relationship one has to the other. The small red flags surrounding the ribbons symbolize the victims who have been

impacted by alcohol-related incidents and sexual assault. According to the National Institute on Alcohol Abuse and Alcoholism, "About one-half of all cases of sexual assault and rape involve alcohol consumption by the perpetrator, the victim or both." For 2010, 68 percent of the sexual assault victims reported drug facilitated assaults which included the use of alcohol. To date, alcohol is still considered the No. 1 date rape drug of choice.

The impact of these crimes serves as a reminder that the crimes not only affect the person, but ripples out to include family, friends, co-workers and the overall Army mission. ASAP and SHARP take the center stage this month with the ambition to help all of Fort Sill personnel champion the culture of being a responsible battle buddy, becoming active bystanders and making good choices. If you have been a victim of sex-

ual assault, know your options, call 574-0871. For those concerned about their own difficulties with alcohol or other drugs or are concerned about others, the Fort Sill clinical ASAP offers screening and treatment services. Military OneSource also offers confidential help at [www.military-onesource.com](http://www.military-onesource.com) or call 800-342-9647. The Fort Sill Army Substance Abuse Program can be reached at 442-4205.

# SIX DAYS ONLY

MON -FRI, MARCH 26-30: 9AM-6PM & SAT, MARCH 31: 9AM-4PM

## BUYING GOLD & SILVER!!

### Hampton Inn & Suites in Lawton

GOLD COINS	WE BUY PRE-1970 COINS	SILVER COINS
 <p style="text-align: center;"><b>\$10 INDIAN</b></p> <p style="text-align: center;"><b>\$20 ST. GAUDENS</b></p> <p style="text-align: center;"><b>\$5 INDIAN</b></p>	 <div style="background-color: #e6e6fa; padding: 5px; text-align: center; font-weight: bold; color: #ffd700;">FREE EVALUATIONS</div> <div style="background-color: #e6e6fa; padding: 5px; text-align: center; font-weight: bold; color: #ffd700;">10% INCREASE ON OVERALL PRICE WITH THIS COUPON</div> <p style="font-size: small; text-align: center;">Bring in Coupon. Coins Only</p> <div style="background-color: #e6e6fa; padding: 5px; text-align: center; font-weight: bold; color: #ffd700;">20% ADDITIONAL FOR SENIOR CITIZENS</div> <p style="text-align: center; font-weight: bold; color: white;">GUARANTEED COMPETITIVE PRICES IT'S FAST AND EASY OUR TRAINED PROFESSIONALS USE THE LATEST HIGH TECH EQUIPMENT</p>	 <p style="text-align: center;"><b>MORGAN SILVER DOLLAR</b></p> <p style="text-align: center;"><b>WASHINGTON QUARTER</b></p> <p style="text-align: center;"><b>KENNEDY HALF DOLLAR</b></p>

### GOLD COINS

ONE OF OUR BUYERS PAID \$260,000 FOR 18 GOLD COINS

Pay up to for the following rare gold

United States	USED	NEW
1842 to 1889.....up to.....	\$1,000.....	\$10,000
1798 to 1834.....up to.....	\$5,500.....	\$17,500
1840 to 1834.....up to.....	\$1,000.....	\$5,000
1854 to 1888.....up to.....	\$3,000.....	\$10,000
1795 to 1833.....up to.....	\$10,000.....	\$50,000
1834 to 1938.....up to.....	\$1,000.....	\$10,000
1839 to 1908.....up to.....	\$1,500.....	\$6,000
1908 to 1929.....up to.....	\$1,500.....	\$6,000
1795 to 1804.....up to.....	\$9,000.....	\$29,000
1839 to 1932.....up to.....	\$1,000.....	\$7,500
1850 to 1933.....up to.....	\$1,500.....	\$10,000
1851 to 1852.....up to.....	\$5,000.....	\$15,000
1915 Pan-Pec.....up to.....	\$7,500.....	\$25,000

### SILVER DOLLARS

ONE OF OUR BUYERS PAID \$90,000 FOR ONE SILVER COIN

Pay up to for the following rare Dollars

United States	USED	NEW
1794 to 1803.....up to.....	\$2,000.....	\$50,000
1836 to 1838.....up to.....	\$1,000.....	\$5,000
1840 to 1873.....up to.....	\$500.....	\$5,000
Trade Dollars.....up to.....	\$100.....	\$2,500
1878 to 1904.....up to.....	\$1,500.....	\$12,500
1921 to 1935.....up to.....	\$50.....	\$5,000

All prices in ad based on rarity and condition

### SILVER COINS

WILL PAY UP TO

## 1600%

ON

### SILVER COINS

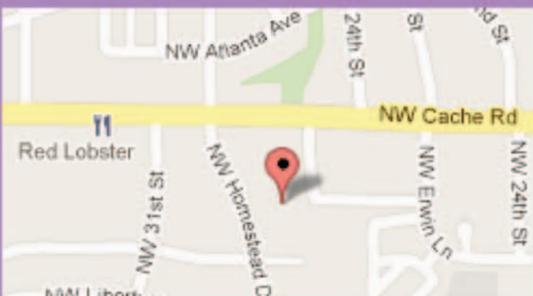
UP TO 1600% OF FACE VALUE ON SILVER COINS 1970 & OLDER

## INTERNATIONAL COIN COLLECTORS SIX DAYS ONLY

MON - FRI  
MARCH 26-30  
9:00AM-6:00PM

Hampton  
Inn & Suites

2610 NW Cache Road  
(580) 355-8200



SATURDAY  
MARCH 31ST  
9:00AM-4:00PM