



*Allison Hermanson, shown here with her two-month-old daughter Amelia at the Osan Air Base Christmas tree. Hermanson, completed her emergency medical technician (EMT) recertification to maintain her EMT credentials while in a foreign country and before her daughter was even two months old.*



## **KEEPING UP WITH WHAT YOU LOVE**

Article and photo by Spc. Stephanie Clements, 2-1 ADA Public Affairs

**OSAN AIR BASE, Republic of Korea** – Allison Hermanson, wife of 1st Lt. Kyle Hermanson assigned to the 6th Battalion, 52nd Air Defense Artillery (6-52 ADA) Regiment, recertified as an emergency medical technician (EMT) here, during a week-long training program beginning on Dec. 2, 2013.

The training, required every two years for an EMT, marked the first time Hermanson spent any significant time away from her daughter Amelia, born here in Korea just two months earlier.

“It was hard the first two days,” said Hermanson. “But then, it was rejuvenating to do what I love.”

Becoming a full-time mother only reinforced Hermanson’s drive to maintain her proficiency in her chosen profession while providing a healthy lifestyle for her daughter, she said.

“You adjust and prioritize [your goals],” said Hermanson.

Shifting gears back to professional mode was a challenge for the new mother.

“It became really exhausting to go to work again, after being at home with the baby so long,” said Hermanson.

Hermanson also had to overcome practical obstacles such as managing transportation issues associated with the drop off and pick up of her daughter to and from child care, since they only have one car here in Korea, which her husband needs to report for duty at nearby Suwon Air Base.

Coming home to Amelia was a happy reunion after each day’s coursework was complete, she continued.

Being a part of the Osan Air Base community and training with the 51st Medical Group here had special meaning for Hermanson, who is herself an EMT in U.S. Air Force Reserves.

“I would like to give special thanks to Air Force EMT instructors Staff Sgt. John Reyes and Staff Sgt. Daniel Oh for a very informative class and allowing me to participate,” said Hermanson. “They went above and beyond.”