



SINGLE SOLDIERS RETREAT

Article and photos by Spc. Stephanie Clements, 2-1 ADA Public Affairs

CAMP CARROLL, REPUBLIC OF KOREA – Soldiers assigned to the 35th Air Defense Artillery (ADA) Brigade came together spiritually during the Strong Bonds Single Soldiers' Retreat from 16 through 18 December 2013. The retreat was led by the brigade's chaplains at the Dragon Hill Lodge in Yongsan.

The soldiers learned more about themselves, their thinking process, and how to interpret relationships with others during talks and practical exercises. They also learned that through practiced skills they can develop healthy relationships.

"Strong Bonds is a good way to help soldiers [establish] professional and intimate relationships," said Spc. Julian Holtmeyer, an orderly room clerk, with Charlie Battery, 2nd Battalion, 1st Air Defense Artillery (C/2-1 ADA) Regiment.



To kick-off the event Chaplain Corey Arnold, the 2-1 ADA chaplain, discussed the pros and cons of the basic personality types. He went on to explain how this knowledge could be used to accomplish missions more efficiently and effectively.

The soldiers worked on communications skills, both talking and listening. This allowed them and their peers to better understand each other's messages.

The event was met with positive reviews from the participants, and is expected to produce positive results.

"Every Soldier should participate, to better understand how to communicate with various personalities," Holtmeyer said.

