



2012 Retired Army Personnel Bulletin

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Thirty Fourth Annual Retiree Appreciation Days "Even though Retired We Still Proudly Serve "

Fort Sill's Thirty Fourth Annual Retiree Appreciation Days are scheduled for September 20—22, 2012. The Retirement Services Office, Fort Sill Retiree Council, and the Reynolds Army Community Hospital (RACH) are working hand in hand to provide you an exceptional event. On September 20th, you will have an opportunity to visit the many service booths that will be set up in the hospital lobby. RACH Pharmacy department encourages you to bring a list of all your medication during the event. A pharmacist will review your list with you for any potential problems. You may include all your prescriptions, and any over-the-counter medications, on a sheet of paper and attach it to your registration form. In addition, RACH will be offering two vaccinations, ZOSTAVAX anti-shingle and PNEUOVAX (prevention of pneumonia).

Be sure to sign up for one of the tours being offered Friday morning, September 21st. Both tours will be of historic Fort Sill areas. They will begin, attending the Retirement Ceremony. The first will tour the Fort Sill Museum. The second tour will include the Old Post Quadrangle, guard house, and will include uniformed actors. Lunch for both will be at the Garcia Hall Dining Facility for those participating in the tours. The cost for lunch with the troops will be \$4.55. Friday morning, the tours will depart RACH at the East Entrance. Check the schedule of events for loading and departure times.

Our annual banquet will be held at the Patriot Club at 1800 hours with Lt Col (Ret), USAF, Shane Ostrom, Deputy Director, Benefits Information Department, Military Officers Association of America. The banquet includes entertainment and door prizes, along with various chance drawings. It will prove to be a very entertaining event.

DIGITAL NEWSLETTER

The Retiree Appreciation Day Newsletter will now be sent digitally. We will continue to publish for your information and viewing in a digital form no later than the end of July each year. To view, please go to one of the following sites:

INSTALLATION WEB-SITE: <https://sillc2doi462002/>

FACEBOOK PAGES: Garrison—<http://www.facebook.com/#!/usagfortsill.garrison>

Retiree Council—<http://www.facebook.com/#!/profile.php?id=100002311576439>



Inside this issue:

Newsletter Format 1

Message from the C.G. 2

Message from the G.C. 2

RAD Schedule 4

Council Notes, Credit Reports 4

Lodging during RAD, Recreation, my Pay 6

DFAS, Important Numbers/Websites 7-8



A Message from the Commanding General and Command Sergeant Major

Dear Retirees and Families,

On behalf of the Fires Center of Excellence and Fort Sill, we are pleased to invite you to the annual Retiree Appreciation Days, scheduled for September 20-22, 2012. This year will mark the 34th year that our dedicated staff at the Retiree Services Office will host this important event, and it gets more successful and informative each year.

As part of the Retiree Appreciation Days events, we are eager to extend our thanks to all of our retired veterans and Family members for your sacrifices in support of the freedoms we enjoy today. Today's generation of warfighter is truly pleased to follow in your footsteps, part of the legacy of patriots who have proven to be the strength of our nation.

While you are at Fort Sill, participating in the several functions that our Retiree Services personnel will host, be sure to also sign up for one of the scheduled installation tours. There continues to be an incredible amount of construction and activity on Fort Sill, reflecting our enduring commitment to ensuring our Fires Soldiers and Marines are the best trained in the world, and that our Families have the resources commensurate with their level of sacrifice for our country.

I sincerely urge you to attend this year's Retiree Appreciation Days. The agenda is in this newsletter, along with your registration forms. You represent a crucial part of our nation's history, and we are excited to have this opportunity to host you at Fort Sill.

Fires Strong!

Mark McDonald, Major General, US Army , Commander, Fort Sill, OK
Dwight L. Morrissey, Command Sergeant Major, Fort Sill, OK



A Message from the Garrison Commander and Command Sergeant Major

Dear Retiree, Family Member, and Comrades,

It is an honor and privilege to welcome you to the Fort Sill's 34th Annual Retiree Appreciation Days . Your lifetime of devoted service to our Nation truly reflects your patriotism for our country. We thank you for the path for our Military serving to preserve our freedom that you so fervently defended. We are proud of your service and urge you to continue to tell your story while encouraging young people to consider military service as a career.

We encourage you to attend the Retiree Appreciation Days held in your honor. We urge you to continue to visit Fort Sill when possible, use our facilities, and attend troop homecomings, ceremonies, and other events throughout the year.

Again, thank you for your continued service and support. We look forward to seeing you at Fort Sill's Retiree Appreciation Days events.

Sincerely,

Paul S. Hossenlopp, COL, Garrison Commander, Fort Sill
Terry A. Hall, Garrison Command Sergeant Major, Fort Sill



A Message from the Hospital Commander

Dear Retiree and Family Member,

It is my pleasure to cordially invite you to Reynolds Army Community Hospital on the 20th of September 2012 for the 34th Annual Retiree Appreciation Open House. Once again, we proudly open the doors of the hospital in support of this year's events.

Every year we are excited to host the Retiree Open House and continue with our focus on health education and awareness for the Retirees and Family Members. As always, there will be many informative booths set up around the hospital for organizations to provide you assistance and health-related topics. We hope this information will be beneficial and meets your needs and expectations. Representatives from Humana Military Healthcare Services, our contracted partner, will be available to answer all your questions on TRICARE and TRICARE for Life Programs. Both programs provide excellent healthcare benefits to Retirees and their families.

The Reynolds staff will provide several different medical services throughout the day. These include a chance for you to identify your cardiovascular goals through the use of the Coronary Heart Disease Risk Factor Calculator, and the offer to participate in a glaucoma screening and dental screening. The Shingles and Pneumovax vaccines will be offered.

Once again the dining facility will offer a special lunch in your honor. During the morning and afternoon hours, our Family Readiness Group will have plenty of snacks (including sugar-free items) and beverages in the lobby are for your convenience. This year we are very proud to announce the completion of our clinical area remodel. We are confident you will find the Open House area very comfortable and appealing. The Reynolds' staff is delighted to host this year's event. Our Retiree population is extremely special to the hospital. I appreciate the outstanding service given by those who have served our country so well.

Sincerely,

COL Jennifer L. Bedick, Commander, Reynolds Army Community Hospital

A Message from the RSO

It is my distinct pleasure to welcome you to the 34th Annual Retiree Appreciation Days. I also would like to introduce myself as your new Retirement Services Officer (RSO). I retired after 24 years of service to the United States Army. I also served with the Retiree Council for 6 years. I look forward to providing the retiree community with a dynamic, 21st Century approach to services while maintaining the impeccable standards which have been established over the years.

Ms. Linda Tunnell served all retirees faithfully as the RSO for 8 years concluding with her retirement in April 2012. We wholeheartedly thank her for her devotion, professionalism, and candor throughout the years.

As our society changes to include communications efforts through the internet, our challenge becomes faster, but more difficult in communicating with the community. We are devoted to keeping information flowing without reducing the quality of services we provide to our retirees. We are also seeing a large increase of Soldiers retiring from our ranks, with the reductions from Operation Iraqi Freedom and Enduring Freedom.

The RSO Office is here to provide you information, advice and professional service. We are located in the Welcome Center, Bldg 4700, Room 123N (near the I.D. Card area). Our normal hours of operations for walk in service are 1230—1630, Monday through Friday. We may be reached for any assistance at (580) 442-2645/4251/6605.

A variety of vendor and information booths will be in place for you on September 20th, 2012. Friday morning September 21, tours will depart from the hospital's East entrance. At 0900hours, September 21st, we invite everyone to attend the retirement ceremony at the Old Post Quadrangle. Please help us welcome our newest retirees into our ranks.

Very Respectfully,

Mark L. Winburn, Retirement Services Officer

"Retired and Still Serving"



FORT SILL ANNUAL RETIREE APPRECIATION DAYS SCHEDULE OF EVENTS

THURSDAY, SEPTEMBER 20, 2012

0800-1600 Glaucoma screenings, dental screenings, PNEUOVAX and anti Shingle
Vaccinations, service related information booths. Sign up for tours and Retiree
Appreciation Banquet.

FRIDAY, SEPTEMBER 21, 2012

Tours
Load & Depart

0830-1230 Fort Sill Retirement Ceremony/Museum tour w/lunch at Garcia Hall
Dining Facility (DFAC)

Fort Sill Retirement Ceremony/ Old Post Quadrangle tour w/lunch at
Garcia Hall Dining Facility (DFAC)

1800 Banquet – Registration/get acquainted at Patriot Club

1830 Posting of Colors, Invocation and Pledge of Allegiance

1845 Buffet

1930 Introduction of Commanding General

1935 Program

2000 Introduction of guest speaker, Lt Col (Ret), USAF, Shane Ostrom, Deputy
Director, Benefits Information Department, Military Officers Association of
America

2030 Awarding of door prizes and gifts

SATURDAY, SEPTEMBER 22, 2012

1100 All Retirees and Family members are invited as guests of the Lawton/Fort Sill
Co-Op to a Buffalo Burger Cookout at the CO-OP Park.

***You can pre-register for the Banquet at the “Buffet Ticket” table.**

***I.D. Tags can be replaced at the RAD on Thursday free of charge. You must be
present as I.D. Tags will not be mailed.**

Your Fort Sill Retiree Council wants to thank you for your service to our Nation

CW5 (Ret) Joe Diaz, Co-Chairman
CSM (Ret) Dave Kantor, Co-Chairman
CSM (Ret) Jenny Clement-Shaw, Fin Officer
CW4 (Ret) Jim Gonzales, Legislative Officer
SFC (Ret) Carter Oakes, Medical Liaison
MSG (Ret) Kimberly Wendel, Commo Officer
LTC (Ret) Thor Littau, Administrative Officer

SGM (Ret) H.E. McClure
SGM (Ret) Tom VanDevender
1SG (Ret) David Lukasik
MSG (Ret) Joseph Herbert
SFC (Ret) Julie Hamilton
SFC (Ret) Robert Young
SSG (Ret) Christopher Green
Mrs. Sally Brantley, Military Widow

COL (Ret) Felix Peterson
LTC (Ret) Michael Kunz
LTC (Ret) Allen Shell
MAJ (Ret) Paul Warmuskerken
CW4 (Ret) Richard Bornhoff
CSM (Ret) William Barwick
SGM (Ret) Larry Evans
SGM (Ret) Patrick Lumpkin
SGM (Ret) Edward Mounts
1SG (Ret) Thomas Easterly
1SG (Ret) Edward Hedrick
SFC (Ret) Joseph Bayones
SFC (Ret) Lino Roldan
SFC (Ret) Chris Brown
Mrs. Klara Bannon, Military Widow
Mrs. Joan Demastus, Military Widow



Retiree Appreciation Dinner Buffet September 21st, 2012

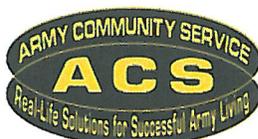


You are invited to join the Commanding General of Fort Sill for a dinner buffet at 1800 on September 21st, 2012 at the Fort Sill Patriot Club. The menu will be Pork Tenderloin w/ Cranberry Glaze, Honey Glazed Pineapple Chicken, seasonal vegetables, Rice Pilaf, Tomato and Cucumber Salad, Cobbler, Rolls and Butter.

The highlight of the evening will be Lt Col (Ret), USAF, Shane Ostrom, Deputy Director, Benefits Information Department, Military Officers Association of America. Entertainment for the event will be the Jazz Ensemble of the 77th Army Band. The evening will be capped off with drawing for many door prizes. Cost will be \$10.00 per person. Please complete the enclosed form and mail early as last year, we were at our capacity.

Army Community Service Financial Readiness

During this year's Retiree Open House the Army Community Service (ACS) office will provide retirees, spouses or widows/widowers with a FREE credit report and score. Retirees may use this information to plan their financial goals. This service will be offered by appointment only. Retirees may request an appointment at the ACS station during the open house. Retirees will also be offered information on identity theft, financial planning and budget counseling.



Need a Place to Stay?



The InterContinental Hotel Group (IHG) has joined forces in support of the RAD to accommodate retirees visiting Fort Sill. 60 rooms have been blocked at a very reasonable \$65.00 per night plus tax. These reservations include full breakfast and an on-post shuttle service. The hotel will provide transportation to the retirement service on Friday morning. Please contact IHG Army Hotels at (580) 442-5000 for reservations. Reservation must be made by 9 September 2012.

For guests arriving on 19 September 2012, there will be a "Wednesday Night Guest Social" from 1730—1900. You are welcome to attend.

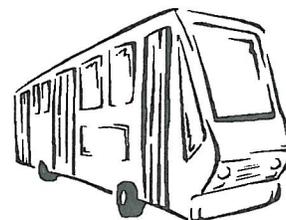
Lake Elmer Thomas Recreational Area (LETRA)

LETRA offers many activities for your enjoyment. These include fishing, paddle boats, swimming, a water slide, and putt-putt golf.

Recreational Vehicle (RV) Sites:

LETRA offers RV sites and beautifully remodeled cabins during the Retiree Appreciation Days. Reservations are now completed on-line at www.adv-travel.com. Click on LETRA Cabins Reserve quickly as sites will fill up.

White Wolf Crossing—\$12.00 per night. Call Outdoor Adventure Center at (580) 355-8270 for reservations.



Recreational Opportunities



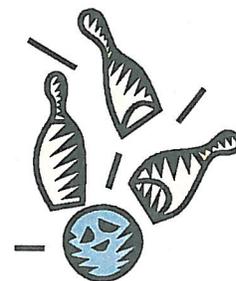
Why not get in a round of Golf? The Fort Sill Golf Course is offering a **Retiree Appreciation Special** for anyone interested in playing from 20—22 September 2012 during their visit to the installation.

Fort Sill enjoys a world class golf course open to Retirees from dusk to dawn. Green Fees and Cart Rental during the special will be \$25.00. Mulligan's Snack Bar is open during Golf Course hours. Also available are a driving range, clipping and putting green.

Please contact the Pro-shop for a tee time at (580) 442-5441.

Another endeavor you may enjoy while visiting the installation is to bowl a few games. The Twin Oaks Bowling Center is open during the RAD on Thursday from 0900 to 2200, and Friday and Saturday from 0900—0100.

Retiree rates for all games are \$1.75.



my Pay

If you haven't started an account, now is the time! Sign up for my Pay at www.mypay.gov.

You will have access to:

View your Retiree Account Statements, change Federal or State tax withholding, start/stop/or change allotments, update or change your residential address, and view or print your SF 1099 when filing your taxes.

If you current have a my Pay account, changes and updates can be made at:

<https://mypay.dfas.mil/mypay.aspx>



Defense Finance and Accounting Service –Cleveland Center

DFAS will once again be here to answer your finance questions and make any changes to your Retire Pay Account. They realize how popular they have become during our RAD and will send a representative, who will be at RACH all day on Thursday, September 20th.

If you do not have access to a computer , or you move, please keep your address up to date by contacting DFAS at 1-800-321-1080, or the RSO office at (580) 442-2645.

IMPORTANT WEB SITES AND PHONE NUMBERS

AKO—Army Knowledge on Line.....	www.us.army.mil/portal/portal_home.jhtml
AR Department of Veterans Affairs (ADVA).....	www.veterans.arkansas.gov
Arlington National Cemetery.....	www.arlingtoncemetery.org
Burial and Memorial Benefits.....	www.cem.va.gov
Commissary.....	www.commissaries.com
Department of the Army Retirement Services.....	www.armygl.mil/rso
DEERS—Update address.....	www.tricare.mil/deers/
EVetRecs (request DD 214 and military records).....	www.archives.gov/veterans/evetrecs/
ID Card Appointments.....	http://appointments.cac.navy.mil/
Military Facilities.....	www.militaryliving.com
Oklahoma Department of Veteran Affairs (OKVA).....	www.ok.gov/ODCA
Social Security Administration.....	www.ssa.gov
Society for Military Widows.....	www.militarywidows.org
Space Available Travel Information.....	www.amc.af.mil/amctravel/index.asp
TRICARE Information.....	www.tricare.osd.mil
TRICARE Mail Order Pharmacy Program.....	www.express-scripts.com/TRICARE
TRICARE Retail Pharmacy Program.....	www.tricare.mil/mybenefit
US Army Human Resources Command.....	https://www.hrc.army.mil/site/active/TAGD/coldwar/default.htm
US Court of Appeals for Veterans Claims.....	www.vetapp.uscourts.gov/
Veterans Administration.....	www.va.gov
To obtain information regarding	~ Compensation, pension benefits and rate tables
	~ VA Health account
	~ Order Prescription Medications
	~ VGLI Information
	~ Other VA Benefits and Program Information
VA Benefits Online Application.....	https://vabenefits.vba.gov
Army Retiree Mobilization.....	1-800-318-5298
Combat Related Special Compensation (CRSC).....	1-866-281-3254
DEERS Eligibility—DMDC Center.....	1-800-538-9552
Fort Sill Casualty Assistance (OK and AR).....	580-442-6405/4014/4055
Fort Sill I.D. Card Appointment Line.....	580-442-5010
Legal Assistance.....	580-442-5058
MEDICARE.....	1-800-633-4227
RACH Appointment.....	580-558-2000
RACH Pharmacy.....	580-558-2442
PTSD Information Line.....	802-296-6300
Reserve Retirements.....	1-800-318-5298
Retired Pay.....	1-800-321-1080
Social Security Administration.....	1-800-772-1213
Retirement Service Office.....	580-442-2645/6131/4251

Banquet Reservations

The Retiree Appreciation Day Banquet continues to grow each year. To ensure we have room for you and your family please complete this form and mail no later than **10 Sep 2012** to: Fort Sill Retiree Council, P.O. Box 33688, Fort Sill, OK 73503.

Number of persons attending _____ x \$10.00 ea = _____ enclosed.

RANK AND NAME: _____

MAILING ADDRESS: _____

Health Screening

Please allow the staff of RACH be prepared for your arrival on Thursday 20 Sep 2012 at the RAD. Please complete the following and mail to: Fort Sill Retiree Council, P.O. Box 33688, Fort Sill, OK 73503.

SPONSOR NAME: _____

ADDRESS: _____

PHONE NUMBER: _____ BRANCH OF SERVICE _____

STATUS: (circle) Retiree Retired Family Member Widow Spouse Male Female

BRANCH OF SERVICE (Circle) Army Navy Air Force Marine Corps Coast Guard

SPOUSE NAME: _____ DOB: _____

Replace your I.D. Tags

Name (Last, First, Middle Initial)

SSN or Service Number

Blood Type

Religious Preference



*** You must be present on Sep 20, 2012 at the RAD to have your I.D. Tags replaced.