



How to register for SSD 1

From AKO website

1. Click on **SELF SERVICE** and go to **MY TRAINING**.
2. On the Army Training Requirements and Resources System Student Center, click on **TAKE SELF-DEVELOPMENT COURSES**.
3. In the course number block, type in **1-250-C49-1** and click **SEARCH**.
4. Click the **REGISTER BUTTON** on the course schedule.
5. Click the **I AGREE** button.
6. Choose either **AKO** or **CAC** login.
7. Fill in and validate the **TRAINING APPLICATION** and click submit.
8. Your application will be processed, and you will be notified of the results via e-mail. Allow 24 hours before contacting the ATRRS help desk.



From ATRRS home page

1. Click on **SELF SERVICE** and go to **MY TRAINING**.
2. Go to <https://www.atrrs.army.mil/>.
3. Go to the **CHANNELS DIRECTORY - ARMY**, and click on **SELF-DEVELOPMENT**.
4. In the course number block, type in **1-250-C49-1** and click **SEARCH**.
5. Click the **REGISTER BUTTON** on the course schedule.
6. Click **I AGREE**.
7. Choose **CAC** or **AKO** login.
8. Fill in and validate the **TRAINING APPLICATION** and **SUBMIT**.
9. Your application will be processed, and you will be notified of the results via e-mail. Allow 24 hours before contacting the ATRRS help desk.

