Course Pre-requisites

1. Effective 1 April 2013, Structured Self Development 1 (SSD1) is a prerequisite to attend the Warrior Leader Course (WLC), IAW ALARACT 216/2012 – Structured Self Development (SSD) Prerequisite for NCOES. Soldiers attending WLC are required to present a copy of their SSD1 completion certificate during in-processing. Soldiers must show proof of SSD1 completion by following one of these methods below:

A. Soldier has a "G" code on his/her ATRRS record.

B. Soldier has a copy of his/her DA Form 87 (Certificate of Training) or can pull it up in ALMS under their completed course records and verify the end of course certificate.

C. Soldier can log into the Army Career Tracker to show proof of completion.

Soldiers who report to WLC without proof of SSD1 completion will be given 72 hours to show proof of their SSD1 completion or will be administratively disenrolled.

2. Attendance will be on a priority basis:

*Soldiers attending WLC must fall into the following priorities-

a. Priority One: Staff Sergeants promoted without WLC.

b. Priority Two: Sergeants who are non-WLC graduates. The SGT may or may not have a WLC waiver.

c. Priority Three: SPC/CPL promotable. Use the following priority list:

(1) SPC/CPL (P) who meets the cut off score. SPC/CPL (P) in MOS, which have additional promotions if more promotable SPC/CPL had been available and those identified as "Star MOS" by monthly HRC Promotion Cut-Off Memorandums.

(2) SPC/CPL (P) in other MOSs serving in an authorized NCO position based on the highest number of promotion points.

(3) All other SPC/CPL (P) on a recommended list based on the highest number of promotion points.

d. Priority Four: SPC/CPL in leadership positions. In order to fill all WLC training seats, non-promotable SPC with demonstrated leadership potential may attend WLC only after exhausting all other higher order of merit list (OML) categories.

e. PFC WILL NO LONGER BE SCHEDULED TO ATTEND WLC.

Course Pre-requisites, continued

* Meet height and weight standards IAW AR 600-9.

* Eligible for reenlistment and have a recommendation from their immediate commander.

* Soldiers approaching transition from the active rolls may attend WLC up to their ETS date. This action will reduce the training requirement if the Soldier continues his/her military commitment in the ARNG or USAR.

* Arrive fully capable of performing supporting individual tasks and tasks required in the next lower level course, e.g., basic training, SMCT.

* Have a current periodic health assessment (PHA) or medical examination within the past 12 months to attend WLC. PEC states five years, which is in error IAW AR 40-501.

* If age 40 or over, have completed a cardio vascular screening as part of their PHA within the last five years.

* Effective 1 October 2007 the automated Pre-Execution Checklist (PEC) took effect for Army Reserve and Army National Guard Soldiers; If you are active duty Army, you must have a hard copy of the pre-execution checklist in your possession.

3. Soldier's have 72 hours to provide all required missing documents. Soldiers who fail to provide required missing documents in the established time line will be disenrolled and returned to their unit.

4. Commandants may not add local requirements to the prerequisites.

(REF: AR 350-1, Chap 3; AR 40-501, Chap 8; AR 635-200, Para 5-14; TR 350-10, Chap 2, Para 2-6; TR 350-18, Chap 3, Para 3-22; and IAW ALARACT 216/2012)

Enrollment Requirements

1. Soldiers, whose reservations were made after 1 October 2007, are only required to report with documentary evidence of physical profile and SSD1 completion certificate.

2. Soldiers may enroll with a temporary profile (i.e. shaving and other non-performance related issues). The profile MUST NOT prevent them from meeting all physical tasks and the physical graduation requirements such as taking and passing the APFT and carrying load bearing equipment during the STX.

*Temporary Profile Exceptions: Soldiers will train within the limits of their profiles. If a Soldier on a temporary profile cannot complete ALL the events of the APFT or meet all the physical requirements, they will NOT be allowed to enroll in WLC.

*Permanent Profiles: Soldiers possessing permanent profiles "3" or "4" must provide a copy of the DA Form 3349, with signatures from the profiling officer, and the approving authority (a physician). Commanders do not need to sign unless they disagree with the profile findings. P2 profiles require an only doctor's signature. Soldiers possessing permanent profile designators of "3" or "4" who have been before an MMRB, awarded medical limitations, and allowed to retain their occupational classification will be permitted to attend various courses and train within the limitations of their profile.

*Pregnant soldiers: - Soldiers who are pregnant prior to the course may not attend WLC until medically cleared. A Soldier who is diagnosed as pregnant while attending WLC may continue, but she must provide written documents from the doctor that states she can participate in all course physical requirements. Soldiers medically dismissed for pregnancy after enrollment are eligible to return to the course when medically cleared.

*Physical Requirements: Soldiers must participate in all WLC physical requirements based upon the limitations of their profiles.

3. Wounded Warrior: Commandants will not deny enrollment or disenrollment of Soldiers based on physical profiles resulting from MMEB or MEB rulings. These Soldiers can attend PME and MOS courses. These are Soldiers who previously were unable to meet course requirements as a result of physical limitations that have been formally acknowledged by either the wounded warriors program and/or a permanent profile as a result of a MOS/medical retention board or medical evaluation board, and are properly documented using the military physical profile for physical condition/stamina, upper extremities, lower extremities, hearing/ear, eyes, and psychiatric (PULHES) code.

Enrollment Requirements, Continued

Commandants are authorized to adjust or waive graduation requirements to these soldiers for enrollment and attendance at professional military education courses (PME) and military occupational specialty (MOS) courses due to reclassification.

4. NCOA will deny enrollment to Soldiers failing to meet any one of the above prerequisites. Commandants may not supplement these mandatory enrollment requirements.

(REF: AR 40-501, Chap 8; AR 350-1, Chap 3; and TRADOC Reg 350-10, Chap 2, Para 2-6(d); HRC Profile Policy for NCOES, 19 January 2007; and https://www.hrc.army.mil/site/protect/Active/epncoes/ncopoc.htm, SECARMY Memorandum Subject: Army Directive 2012-20 (Physical Fitness and Height and Weight Requirements for Professional Military Education, dated 17 September, 2012), and medical evaluation boarded Soldiers approved for continued service and related professional military education and military occupational specialty training, reference, AR 350-1, Para 3-9d; AR 600-60, Para 4-17; AR 40-400, Para 5-3b thru 5-3d. (DTG XX0800 MAR 09)

Course Graduation Requirements

1. Students must score 70 percent or higher on the following graduation requirements:

   a. Conduct Army Physical Readiness Training.
   b. Conduct Individual Training.
   c. Conduct Squad Drill.
   d. Communicate in Writing.
   e. Oral History Briefing.
   f. Two demonstrated Leadership Evaluations (garrison and tactical environment).
   g. Leadership Exam.
   h. Training Exam.
   i. Warfighting Exam.
   j. Land Navigation Evaluation (75%).

2. Students must pass the APFT and meet the height/weight requirements. Commandants will arrange for students to take the APFT and screen height/weight requirements while allowing for one retest. Students who fail to pass a final APFT or height/weight standards will be dismissed from WLC.

(REF: AR 350-1; TRADOC Reg 350-18; TRADOC Reg 350-10; and WLC CMP), and SECARMY Memorandum Subject: Army Directive 2012-20 (Physical Fitness and Height and Weight Requirements for Professional Military Education, dated 17 September, 2012)

Course Graduation Requirements, Continued

3. Soldiers flagged for weight control failure will not be selected, scheduled or attend institutional training. Once soldiers meet standards, they will be considered eligible for military schools and institutional training courses.

4. Soldiers attending military schools and institutional training courses, which require preparation of a DA Form 1059 (Service School Academic Evaluation Report), will be administered the height/weight screening as a graduation requirement. All students will be administered the initial height/weight on day one and the APFT within three days.

(1) One retest and/or screening is allowed. It will be administered no earlier than seven days after the initial APFT-height/weight assessments.

(2) Soldiers who meet academic course requirements, but fail to meet the APFT-height/weight standards, will be dismissed from the course.

5. Soldiers who fail to meet the body fat composition standards of AR 600-9 after a rescreening will be dismissed from the course. No paperwork is required if students meet HT/WT screening standards IAW AR 600-9.

6. NCOA commandants will not add to the standards of AR 600-9 or the SECARMY Directive by imposing any arbitrary percentages to the body fat composition.

7. Soldiers attending NCOES (WLC) under a Temporary Underlying Medical Condition, (for example: a metabolic disorder) or who fail to meet the body fat composition standards IAW AR 600-9, as diagnosed by a healthcare provider and is being treated by the healthcare provider for an underlying condition, can still attend the course. This condition will not limit the Soldier's physical limitations to complete the course and if they have the appropriate/approved paperwork IAW AR 40-501 and AR 600-9 and they are exempt from receiving a Marginal 1059, upon completion of the course. The Soldier must present a memorandum during enrollment that states he/she is "Not medically cleared to participate in a weight control and exercise program" and "The Soldier has an underlying medical condition requiring treatment. The estimated time before Soldier can participate in the Army Weight Control Program (AWCP) is ____ months." This memorandum must be IAW AR 600-9, Fig 3-1, and signed by the appropriate personnel.

(REF: Army Directive 2012-20, AR 40-501, and AR 600-9)

Physical Requirements

1. Students must be able to meet the following physical requirements during the course:

   a. Pass APFT.
   b. Conduct, demonstrate, and lead physical fitness training.
   c. Negotiate rough terrain under varying climatic conditions.
   d. Walk a minimum of 3200 meters with load carrying equipment (LCE) in a minimum of three hours.
   e. Lift and carry all required packing list items (OCIE and CTA 50-900) for short distances.
   f. Carry a 48-pound combat load that contains mission essential equipment (weapon, helmet, uniform, LCE included in 48 lbs).
   g. Lift and carry fuel, water, ammo, MREs or sandbags.
   h. Low crawl, high crawl and rush for three to five seconds.
   i. Move over, through and around obstacles.
   j. Carry and fire individually assigned weapon.

2. Commandants may not supplement these course graduation requirements.

(REF: AR 350-1, Chap 3; AR 611-1, Chap 6; TR 350-10, Chap 2, Para 2-7; DA MSG: 092054Z SEP 04, SUBJECT: Selection and Scheduling of Soldiers for Army Schools; and DAMO-TR, DTG: 051617Z May 08, ALARACT 120/2008), SECARMY Memorandum Subject: Army Directive 2012-20 (Physical Fitness and Height and Weight Requirements for Professional Military Education, dated 17 September, 2012)

Course Objectives

The training in WLC focuses on–

- basic leadership training;
- instilling leader's skills, knowledge, and experience needed to lead a team –squad size units;
- providing the foundation for further training and development; and
- building functional leadership attributes and competence.

(REF: AR 350-1, Chap 3)