NEED TO TALK?

Military & Family Life Consultants are here to listen.

Military & Family Life Consultants (MFLC) are available to help service members, spouses, family members, children and staff address:

- Marriage and relationship issues
- Stress and anxiety
- Depression
- Grief and loss
- Daily life issues

Consultations and trainings are **free** and **anonymous. No records are kept**.

Helping you is our priority. After-hours and weekend appointments are available and group or off-site meetings can be arranged.

SCHEDULING AN APPOINTMENT IS EASY.
CALL YOUR LOCAL MFLC.

Fort Sill, OK
580-574-7362
580-574-7363
580-574-7364